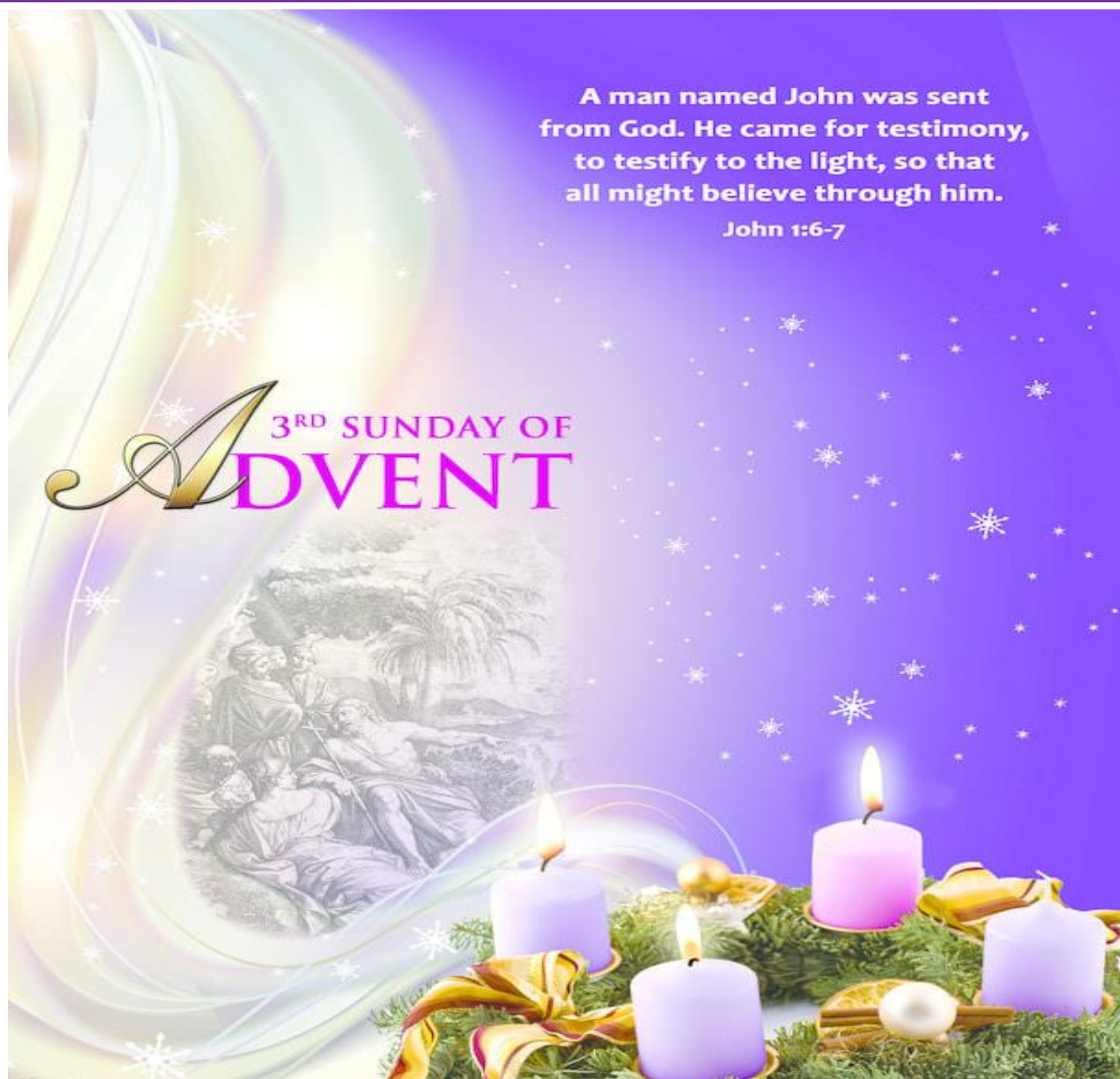


FIRST UNITED PRESBYTERIAN CHURCH

A man named John was sent
from God. He came for testimony,
to testify to the light, so that
all might believe through him.

John 1:6-7

A 3RD SUNDAY OF ADVENT



Reverend Lorenzo R. Small, Sr., Pastor

406 North College Street

Charlotte, NC 28202

Phone: 704-376-8014 ~ Fax: 704-376-8329

Email: secretary@fupcc.org Website: www.fupcc.org

“Helping Others See Jesus’ Grace In Me”

Order of Service

3rd Sunday of Advent

December 11, 2022

*Congregation Stands

*PRELUDE

"Coventry Carol" – arr. John Innes

WELCOME & ANNOUNCEMENTS

LIGHTING OF THE ADVENT CANDLESElder Aaron Alexander & Mark Bowling

CALL TO WORSHIP HYMN #82 (GG)

"Come, Thou Long-Expected Jesus"

JESUS CHRIST: ADVENT

Come, Thou Long-Expected Jesus 82

1 Come, thou long - ex - spect - ed Je - sus, born to set thy peo - ple free;
2 Born thy peo - ple to de - liv - er, born a child and yet a king,

from our fears and sins re - lease us; let us find our rest in thee.
born to reign in us for - ev - er, now thy gra - cious king - dom bring.

Is - rael's strength and con - so - la - tion, hope of all the earth thou art;
By thine own e - ter - nal Spir - it rule in all our hearts a - lone;

dear de - sire of ev - ery na - tion, joy of ev - ery long - ing heart.
by thine all - suf - fi - cient mer - it raise us to thy glo - rious throne.

CALL TO CONFESSION

PRAYER OF CONFESSION

God of the future, you are coming in power to bring all nations under your rule. We confess that we have not expected your kingdom, for we live casual lives, ignoring your promised judgment. We accept lies as truth, exploit neighbors, abuse the earth, and refuse your justice and peace. In your mercy, forgive us. Grant us wisdom to welcome your way, and to seek things that will endure when Christ comes to judge the world.

ASSURANCE OF PARDON

One: Friends, believe the good news!

All: In Jesus Christ we are forgiven.

PRAYER FOR ILLUMINATION

SERMON

"When" *Matthew 24:36-44*

AFFIRMATION OF FAITH- A Brief Statement of Faith (lines 1-6, 77-79)

What do we believe?

We Believe.....

In life and in death we belong to God. Through the grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit, we trust in the one triune God, the Holy One of Israel, whom alone we worship and serve. With believers in every time and place, we rejoice that nothing in life or in death can separate us from the love of God in Christ Jesus our Lord.

COMMUNION

OFFERING

SELECTION

"Tomorrow" by The Winans

DOXOLOGY

OFFERTORY PRAYER

CHARGE & BENEDICTION

POSTLUDE

"The First Noel" - arr. John Innes

ANNOUNCEMENTS

WORSHIP with FIRST PRESBYTERIAN

We will be worshipping with First Presbyterian Church every 4th Sunday. Be sure to tune in to their TV ministry on channel 64



Ten Cents-a-Meal

Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal used since 1982.... *"Verily I say unto you, inasmuch as you have done it unto one of the least of my brothers you have done it unto me."*

—Matthew 25:45. Please consider a gift to Ten Cents-a-Meal every 1st Sunday.

PW BIBLE STUDY 3rd Saturday —December 17, 2022 @ 11:00 am PW Winter Gathering In person (Fellowship Hall) and zoom, Lesson 4—Celebration and Surrender Overview

ZOOM INFO: ID: 892 2074 1003

Pass Code: 645457 (CT – 12:00 noon) Call in: (Washington, DC) 1 301 715 8592

HOMECOMING BIBLE STUDY: Our special Homecoming Bible Study continues thru the Season of Advent @ 7pm. Zoom information listed below.

Book of Confessions, A Brief Statement of Faith.

Zoom Meeting ID: 862 5816 5203 Passcode:113991 Phone #: 1-929-205-6099

CARES AND CONCERNS

Hello Church Family,

Final arrangements for Mrs. Hazel Kearns Swain were as follows: Friday, December 2nd, 2022 • Visitation@ 11:00 am • Funeral Service @ 12:00 noon Alexander Funeral Home 1424 Statesville Avenue, Charlotte, NC 28206 Interment at Beatties Ford Memorial Gardens located at 11201 Beatties Ford Road, Huntersville, NC 28078

Mrs. Mabel Kearns
c/o Ms. Betty Kearns
2421 Liberton Court
Charlotte, NC 28216
Email: betkearns@hotmail.com

With resurrection hope, we extend our sympathy and love to Elder Martha Mullen, The Reverend Melanie Mullen, and Ms. Veronica Mullen, upon the death of our dear faithful servant, Elder Ronald Mullen. Elder Ronald Mullen died peacefully in the hospital with his family on Wednesday, December 7th, 2022 at 9:15 pm. Final arrangements are incomplete at this time. As our church family gathers and plans various acts of care/kindness, please keep the Mullen family in your prayers and concern, share this information with members of respective constituencies; and don't forget to contact members who will not receive email messages.

Shepherd Team: Abraham Team - Daphne Williams and Letitia Mouzon
Presbyterian Women Circle: Deborah

Mrs. Martha Mullen
7314 Kilcullen Drive
Charlotte, NC 28270
romart16@aol.com
(704) 364 - 6418

ROOF ABOVE

Siblings in Christ,

December marks the beginning of the **Room in the Inn Season** at First United. We will be hosting our homeless brothers and sisters December 2022 – March 2023. The schedule is as follows:

1. ~~December 2, 2022~~ – Female Guests
2. January 6, 2023 – Male Guests
3. February 3, 2023 – Female Guests
4. March 3, 2023 – Male Guests

We are appealing to the congregation and different ministry teams in the church to assist us with this effort. To help make Room in the Inn at our church a success, we need volunteers! For the months of December 2022 – March 2023, we will need your help. We need:

Volunteer Type	Time Commitment
Setup Volunteers	4:00 – 6:00 pm Friday
Dinner Setup/Serving/Kitchen Cleanup*	5:30 – 8:00 pm Friday
Overnight Volunteers	8:00 pm Friday – 8:00 am Saturday
Breakdown/Cleanup Crew	7:00 am -8:00 am Saturday

**The Education Ministry is providing the meal for the month of December. We still need ministry teams to sign up to provide the meal for the remaining months.*

If you are interested in helping with Room in the Inn in any way, please let us know. We are looking into using Sign Up Genius starting in January 2023. In the meantime, please sign up to volunteer on the sheet at the church secretary's desk, or you can contact a member of the deacon board.

We look forward to hearing from you.

Thank you,

Valerie Tutt, Deacon Board Moderator

Tamara Tate, Deacon Board Co-Moderator



Habitat
for Humanity®
of the Charlotte Region

Fall 2022 CCP Build

Location: 2707 Primrose Ave Charlotte NC 28208

Location: 2707 Primrose Ave Charlotte NC 28208

DATE	HOST	TASK	# OF VOLUNTEERS
Friday, 12/16	St. Peter's Episcopal	Trim	12
Saturday, 12/17	St. Peter Catholic	Painting	12
TBA (early/mid- Jan.)	First United Presbyterian	Supervisor Special	6

SITE SUPERVISOR: Wil Farmer

HOUSE PLAN: Dupont

https://drive.google.com/file/d/1bZqbOEk_8FGGrHJaV70E7fvBOnCC7ueW/view?usp=sharing_eilm&ts=63091133





History of our Partnership

FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund income-based scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.



First Presbyterian
Church of Charlotte

Sun Counseling and Wellness

AT FIRST PRESBYTERIAN CHURCH

About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidence-based therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty areas include trauma, grief, eating disorders, anxiety, depression, self-esteem, body image, life transitions, integrative wellness, yoga, acupuncture, and more.



VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new client form can be accessed on their website: suncounselingandwellness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the income-based charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.finyas.com/scholarship or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10 / \$15
\$15,001-30,000	\$25 / \$35
\$30,001-40,000	\$50 / \$75
\$40,001-50,000	\$75 / \$100
\$50,001-55,000	\$100 / \$150
\$55,001-60,000	\$125 / \$165
\$60,001+	\$150* / \$200*

For adult clients or guardians with MORE than four dependents:

YOUR INCOME	SESSION COST
Up to \$20,000	\$10 / \$15
\$20,001-40,000	\$25 / \$35
\$40,001-50,000	\$50 / \$75
\$50,001-60,000	\$75 / \$100
\$60,001-65,000	\$100 / \$135
\$65,001-70,000	\$125 / \$165
\$70,001+	\$150* / \$200*

*Free for session with a provisionally licensed therapist

*Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

*Free for session with a fully licensed therapist

*Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsequent 50-minute sessions

Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.



Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order to improve overall self-care management and wellness. *Specialty areas: Anxiety, depression, grief and loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.*

Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English/Spanish), Licensed Clinical Social Worker Associate. I am passionate about breaking the stigma surrounding mental health and helping individuals find healing in their life. My aim is to work collaboratively with you to empower and support through life's ups and downs. It is my

priority to create a safe and inclusive space for you to process and explore your feelings. *Specialty areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.*



More info at firstpres-charlotte.org/counseling-center

