

# FIRST UNITED PRESBYTERIAN CHURCH



*United In Faith & United In Love & United In Life*

*Sunday, September 3, 2023*

**406 N. College Street ~ Charlotte, NC 28202**

**Phone: 704-376-8014 ~ Fax: 704-376-8329**

**Email: [secretary@fupcc.org](mailto:secretary@fupcc.org) ~ Website: [www.fupcc.org](http://www.fupcc.org)**

***“Helping Others See Jesus’ Grace In Me”***

# Order of Worship

**14<sup>th</sup> Sunday after Pentecost**

*\*Congregation Stands/rise in spirit*

## GATHERING MUSIC

## WELCOME & ANNOUNCEMENTS

## BIRTHDAYS & ANNIVERSARIES

### \*CALL TO WORSHIP

Leader: We gather hoping to see God, here in worship, we realize that we see God in one another.

**All: We can see God when we show one another honor**

Leader: When we pursue hospitality to strangers, when we live in harmony with one another

**All: When we rejoice in hope. Let us worship the visible God amongst us.**

### \*OPENING HYMN #238 (AA)

**“I’m So Glad”**



## I'M SO GLAD 238

*If my father and mother forsake me, the LORD will take me up.  
Psalm 27:10*

1. I'm so glad Je-sus lift-ed me. I'm so glad  
Je-sus lift-ed me. I'm so glad Je-sus lift-ed me,  
I'm glad that  
sing-in' Glo-ry, Hal-le-lu-jah, Je-sus lift-ed me!

The musical score is written for voice and piano. It features a key signature of two flats (B-flat and E-flat) and a 4/4 time signature. The melody is primarily in the treble clef, with piano accompaniment in the bass clef. The lyrics are written below the notes, with some words split across lines. The score includes a first ending and a second ending, both marked with repeat signs and first/second endings.

2. Satan had me bound; Jesus lifted me...

3. When I was in trouble, Jesus lifted me...

Text: African-American traditional

Tune: African-American traditional; arr. by Evelyn Simpson-Curenton, b.1953, © 2000, GIA Publications, Inc.

FUPC License number: 11348664

**\*PRAYER OF PRAISE AND ADORATION** (*unison*)

As we mention your name, O God, our hearts are glad. We dare come before you with praise and thanksgiving. You have been there for us during times of trial and hardship. You have brought us through many a crisis and care. We owe it to you each time we act wisely, for every thought that promotes goodness and each deed that helps others. Hear us now as we sing you our praises. Be pleased with our worship as we call on your name.

**INTROIT #183 (AA)**

**“We Are Standing On Holy Ground”**

HIS ADORATION AND PRAISE

JESUS CHRIST

**WE ARE STANDING ON HOLY GROUND 183**

*“Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.”  
Exodus 3:5*

The musical score is written for a unison voice part and a piano accompaniment. It is in 4/4 time and B-flat major. The melody is simple and hymn-like, with a key signature of two flats. The lyrics are: "We are stand - ing on Ho - ly Ground, and I know that there are an - gels all a - round; Let us praise Je - sus now. We are stand - ing in His pres - ence on Ho - ly Ground." The piano accompaniment consists of a steady bass line and chords that support the melody.

We are stand - ing on Ho - ly Ground,  
and I know that there are an - gels all a - round;  
Let us praise Je - sus now. We are  
stand - ing in His pres - ence on Ho - ly Ground.

Text: Geron Davis, b.1960  
Tune: Geron Davis, b.1960; arr. by Nolan Williams, Jr., b.1969  
© 1983, Meadowgreen Music Co./Songchannel Music Co.

## CALL TO CONFESSION

### PRAYER OF CONFESSION *(unison)*

God of love, you ask us to love one another from the center of who we are, you tell us to bless one another, you encourage us to do good. But we have not listened to your words, instead of loving we have practiced hatred, instead of blessing, we have perfected cursing, instead of doing good, we have sought to get even. Forgive us for giving up. Give us grace to try again, and encouragement to make your ways, our ways. We pray, we wait, and we hope. Amen

### ASSURANCE OF PARDON

Leader: In Jesus Christ you are forgiven

All: Know that you are forgiven and be at peace. Amen.

## \*GLORIA PATRI

### SPECIAL SELECTION

“Praise Team”

OLD TESTAMENT

Psalms 112:1-10

NEW TESTAMENT

1Corinthians 2:1-16

### PRAYER FOR ILLUMINATION

Reverend Delton H. Farmer

### SERMON

“Through the Spirit”

Reverend Delton H. Farmer

### \*AFFIRMATION OF FAITH *(from A Brief Statement of Faith)*

We trust in God the Holy Spirit, everywhere the giver and renewer of life. The Spirit justifies us by grace through faith, sets us free to accept ourselves and to love God and neighbor, and binds us together with all believers in the one body of Christ, the Church. The same Spirit who inspired the prophets and apostles rules our faith and life in Christ through Scripture, engages us through the Word proclaimed, claims us in the waters of baptism, feeds us with the bread of life and the cup of salvation, and calls women and men to all ministries of the Church. In a broken and fearful world the Spirit gives us courage to pray without ceasing, to witness among all peoples to Christ as Lord and Savior, to unmask idolatries in Church and culture, to hear the voices of peoples long silenced, and to work with others for justice, freedom, and peace.

### CALL FOR THE OFFERING

## OFFERTORY HYMN #257 (AA)

## "There Is A Fountain"

JESUS CHRIST

HIS REDEMPITIVE WORKS / HIS CLEANSING BLOOD

## 257 THERE IS A FOUNTAIN

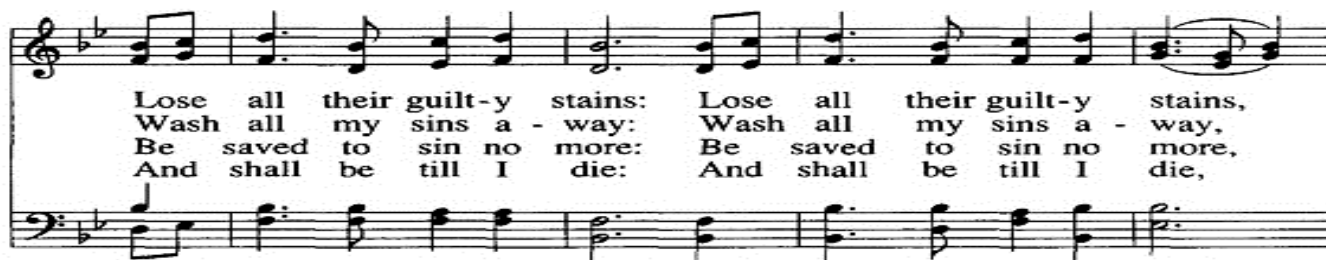
...for this is my blood of the covenant, which is poured out for many for the forgiveness of sin.  
 Matthew 26:28



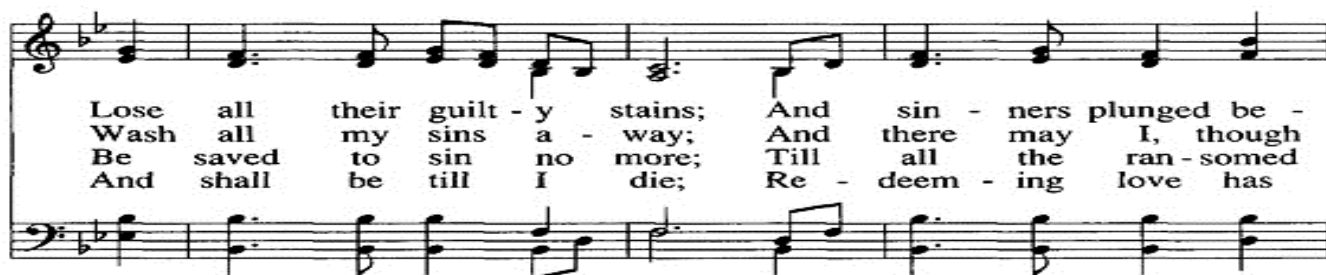
1. There is a foun - tain filled with blood Drawn from Im -  
 2. The dy - ing thief re - joiced to see That foun - tain  
 3. Dear dy - ing Lamb, Thy pre - cious blood Shall nev - er  
 4. E'er since by faith I saw the stream Thy flow - ing



man - uel's veins, And sin - ners plunged be - neath that flood  
 in his day, And there may I, though vile as he,  
 lose its pow'r, Till all the ran - somed Church of God  
 wounds sup - ply, Re - deem - ing love has been my theme



Lose all their guilt - y stains: Lose all their guilt - y stains,  
 Wash all my sins a - way: Wash all my sins a - way,  
 Be saved to sin no more: Be saved to sin no more,  
 And shall be till I die: And shall be till I die,



Lose all their guilt - y stains; And sin - ners plunged be -  
 Wash all my sins a - way; And there may I, though  
 Be saved to sin no more; Till all the ran - somed  
 And shall be till I die; Re - deem - ing love has



neath that flood Lose all their guilt - y stains.  
 vile as he, Wash all my sins a - way.  
 Church of God Be saved to sin no more.  
 been my theme And shall be till I die.

Text: William Cowper, 1731-1800

Tune: CLEANSING FOUNTAIN, 8 6 8 6 6 6 8 6; Early American melody



**\*DOXOLOGY**

**PRAYER OF DEDICATION**

**SACRAMENT OF THE LORD'S SUPPER**

**Invitation to the Lord's Table**

**GREAT PRAYER OF THANKSGIVING**

Leader: The Lord be with you

**People: And also, with you**

Leader: Lift up your hearts

**People: We lift them to the Lord**

Leader: Let us give thanks to the Lord our God

**People: It is right to give him thanks and praise**

**THE LORD'S PRAYER**

**COMMUNION OF THE PEOPLE**

**\*CLOSING HYMN #590(AA)**

**"We're Marching To Zion"**



**MATTHEW 25**

## 590 WE'RE MARCHING TO ZION

*The ransomed of the LORD shall return, and come to Zion with singing; everlasting joy shall be upon their heads...  
Isaiah 35:10*

1. Come, we that love the Lord, And let our joys be  
 2. Let those re - fuse to sing Who nev - er knew our  
 3. The hill of Zi - on yields A thou - sand sa - cred  
 4. Then let our songs a - bound, And ev - 'ry tear be

known, Join in a song with sweet ac - cord, Join  
 God; But chil - dren of the heav'n - ly King, But  
 sweets Be - fore we reach the heav'n - ly fields, Be -  
 dry; We're march - ing through Im - man - uel's ground, We're

in a song with sweet ac - cord, And thus sur -  
 chil - dren of the heav'n - ly King, May speak their  
 fore we reach the heav'n - ly fields, Or walk the  
 march - ing through Im - man - uel's ground, To fair - er

1. And thus sur-round the

round the throne, And thus sur-round the throne.  
 joys a - broad, May speak their joys a - broad.  
 gold - en streets, Or walk the gold - en streets.  
 worlds on high, To fair - er worlds on high.

throne, And thus sur - round the throne.



# LIFE EVERLASTING



Text: Isaac Watts, 1674-1748  
Tune: MARCHING TO ZION, 6 6 8 8 6 6 with refrain; Robert Lowry, 1826-1899

FUPC License number: 11348664

## \*BENEDICTION

Reverend Farmer

## POSTLUDE



## **ANNOUNCEMENTS**

### **WORSHIP with FIRST PRESBYTERIAN**

We will be worshipping with First Presbyterian Church on the 4<sup>th</sup> Sunday in August. Be sure to tune in to their TV ministry on channel 64.



**TEN CENTS A MEAL** - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has used since 1982. Please consider a gift to Ten Cents-a-Meal every 1<sup>st</sup> Sunday.

**PW BIBLE STUDY/CT Meeting** - Saturday, September 16<sup>th</sup> @ 11:00 am via Zoom

**Meeting ID:** 872 5882 563    **PC:** 758558    **Call in:** +1 301 715 8592

“Sacred Encounters” The Power and Presence of Jesus Christ in Luke-Acts

- Introduction and Lesson One: Elizabeth's Sacred Encounter

**LOAVES & FISHES 5<sup>TH</sup> Fridays @ First Presbyterian will resume September 29, 2023**

**CLEANSING WATERS SHOWER MINISTRY** - 1st & 3rd Sundays from 9:00 am - 10:30 am

**BT EXPRESS (Alcohol/Narcotics Program)** Mondays & Wednesdays at 7:00 pm

### **OFFERINGS AND GIFTS**

We will no longer receive split checks for your offerings and gifts. All checks will indicate in the memo line, one designated offering, for example, church support, building fund, capital campaign or any other designation.

### **CITY OF CHARLOTTE PRIMARY ELECTION – 9/12/23 – One Stop Early Voting**

HAL MARSHALL - opening August 24, 2023 at 8 am

1 –UPTOWN 618 N College St

**Additional sites open TUESDAY, September 5 at 8am**

2 - Allegra Westbrooks Regional Library 2412 Beatties Ford Rd

3 -BALLANTYNE - Elon Park Rec Ctr 11401 Ardrey Kell Rd

4 - EAST - Independence Regional Library 6000 Conference Dr

5 - Marion Diehl Rec Center 2219 Tyvola Rd

6 - SOUTH County Regional Library 5801 Rea Rd

7 - SOUTHPARK - Southpark Regional Library 7015 Carnegie Blvd

8 - STEELE CREEK Library 13620 Steele Creek Rd

9 - UNIVERSITY CITY - old Kohls 9315 N Tryon St

10 - WEST Boulevard Library 2157 West Blvd

# September Birthdays

<i>Michael A. Huff, Jr.</i>	<i>September 2<sup>nd</sup></i>
<i>Isiah Williams</i>	<i>September 7<sup>th</sup></i>
<i>LaShanda Barber</i>	<i>September 11<sup>th</sup></i>
<i>Barbara Byers</i>	<i>September 11<sup>th</sup></i>
<i>Melanie Maxwell</i>	<i>September 12<sup>th</sup></i>
<i>William Harris</i>	<i>September 13<sup>th</sup></i>
<i>Gaynelle Grier</i>	<i>September 15<sup>th</sup></i>
<i>Kara Rogers</i>	<i>September 17<sup>th</sup></i>
<i>Jannell Reed</i>	<i>September 18<sup>th</sup></i>
<i>Dorothy Allison</i>	<i>September 19<sup>th</sup></i>
<i>Renea Stitt</i>	<i>September 20<sup>th</sup></i>
<i>Tammye Layer</i>	<i>September 20<sup>th</sup></i>
<i>Amora Cannon</i>	<i>September 30<sup>th</sup></i>
<i>Elijah Newton</i>	<i>September 30<sup>th</sup></i>

# September Anniversaries

<i>Stephanie &amp; Eric Davis</i>	<i>September 2<sup>nd</sup></i>
<i>Castonia &amp; Anthony Dozier</i>	<i>September 21<sup>st</sup></i>
<i>Lolane &amp; Jeffrey Yongue</i>	<i>September 29<sup>th</sup></i>
<i>Ellen &amp; Arthur Smith</i>	<i>September 30<sup>th</sup></i>



# *Welcome*

## *Reverend Delton H. Farmer*

*First United Presbyterian Church welcomes the Reverend Delton H. Farmer as Pastor, September 1, 2023.*

*Rev. Farmer brings a broadened leadership experience in the Presbyterian Church (U.S.A), having served within the Presbytery of New Hope, and the Presbytery of Coastal Carolina. His work during the 225<sup>th</sup> General Assembly included service on the Mid Council Committee, 2022, and the Bills and Overtures Committee from 2022 to the present. In the Presbytery of New Hope and the Presbytery of Coastal Carolina, he worked on various committees and participated in various leadership training opportunities.*

*Pastoral experiences include Assistant Pastor and Temporary Supply Pastor, Covenant Presbyterian Church, Durham, NC, 2012-2014, 2017-2019; College Heights Presbyterian Church, Assistant Pastor, Fayetteville, NC, 2015-2017; North East Baptist Church, Associate Minister, 2005-2012; and Cotton Memorial Presbyterian Church, Henderson, NC, Temporary Supply Pastor, 2019- until August, 2023.*

*Rev. Farmer received the Certification of Ordination, New Hope Missionary Baptist Association, 2011; and was ordained in the Presbyterian Church (U.S.A) in 2020. His formal education/service includes, United States Army, Fort Bragg NC and Pusan, South Korea, 1984-1990; Associate in Arts Degree, University of Maryland, College Park, MD, 1990; Bachelor of Science, Business Administration, North Carolina Wesleyan College, Rocky Mount, NC, 1994; Master of Business Administration and Master of Health Administration, Pfeiffer University, Charlotte, NC, 1999; and Master of Divinity, Shaw University, Raleigh, NC 2012. As a consummate student, his continuing education experiences includes Ecumenical Advocacy Days Training and Clinical Pastoral Education. Community Involvement includes Vice-President of the Vance and Adjacent Counties Interdenominational Ministerial Alliance and Board Member for Community Partners of Hope Men's Shelter. Member of Alpha Phi Alpha Fraternity, Inc.*

*In his description of his call to ministry, Rev. Farmer identified himself drawn to congregational life, noting the reverence to God, and our understanding of God's power and sovereignty and with that strives and shares a life filled with hope and a reverence for God. He identified area(s) of growth in various aspects of inclusivity and evangelism, which we all recognize significant as we address the challenges of listening, teaching, and working with others during our faith journeys. He of course, is most proud of his wife of 35 years, Cynthia and they are the parents of Chelsey and Joshua. First United is grateful to God for the opportunity to welcome Rev. Farmer and we look forward to the opportunities of moving forward in service to the Risen Lord.*



**PRESBYTERIAN WOMEN**  
**PRESBYTERY OF CHARLOTTE**

**ANNUAL** *Fall* **GATHERING**

**September 9, 2023**

**8:30AM Registration & Fellowship**

**9:00-9:55AM LEADERSHIP CONNECTION Workshops**

**10:00AM 2023-2024 Horizons Bible Study**

**"Sacred Encounters**

**The Power and Presence of Jesus Christ in Luke-Acts"**

**Written by Olive Mahabir**

**Bible Study Leader: Mary Kate Sykes**

**Pastoral Resident for Education**

**Covenant Presbyterian Church (USA) Charlotte**

**Join us at**

**MT. OLIVE PRESBYTERIAN CHURCH (USA)**

**5125 MT. OLIVE CHURCH ROAD, CHARLOTTE, NC 28278**

**We Welcome Your Presence**

## 2023 Charlotte Church Partners Build Schedule



### Meadows at Plato Price

Date	Meadows house number	Task	Max # of Volunteers
Saturday, 11/4	Plato 1	Drywall	15-20
Saturday, 11/4	Plato 2	Drywall	15-20
Saturday, 11/18	Plato 1	Paint	12
Saturday, 11/18	Plato 2	Paint	12
Saturday 12/2	Plato 1	Flooring	8
Saturday, 12/2	Plato 2	Flooring	8
Friday, 12/8	Plato 1	Trim	12
Friday, 12/8	Plato 2	Trim	12
Saturday, 12/9	Plato 1	Paint	12
Saturday, 12/9	Plato 2	Paint	12

Site Supervisor: Adam

Partner Family:

House Plan:

**A Special Note: Save the date, Wednesday, September 20, 2023**  
**“Prayer Walk around the Meadows of Plato Price”**



# **~CAPITAL CAMPAIGN UPDATE~**

Hello First United Family,

Your monthly support for the Capital Campaign means so much.

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

**ARE YOU COMMITTED TO DOING YOUR PART?**

**ARE YOUR PLEDGES UP TO DATE?**

Thank you so much for those of you who continue to support this church , have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of  
7<sup>th</sup> and College Streets

*"He who began a good work in you will carry it on to completion until the day of Christ Jesus". [Philippians 1:6]*

Yours in Christ,  
The Capital Campaign Leadership Team



NORTH CAROLINA

# Voter **Photo ID** Requirement



## WHAT PHOTO ID CAN I USE?

Any of the following that is **unexpired or expired for one year or less**:

- North Carolina Driver's License
- U.S. Passport Book/U.S. Passport Card
- State ID from NCDMV ("non-operator ID")
- NC Voter Photo ID card, issued by a county board of elections
- College/university student ID approved by State Board of Elections
- Charter school employee ID approved by State Board of Elections
- State/local government employee ID approved by State Board of Elections
- Driver's license/non-driver ID from another state, D.C. or U.S. territory *(only if voter registered in NC within 90 days of election)*

Any of the following, **regardless of whether the ID contains an expiration or issuance date**:

- Military or veteran ID card issued by the U.S. government
- Tribal enrollment card issued by a State or federally recognized tribe
- ID card issued by a U.S. government agency or the State of NC for a public assistance program

**NOTE:** Voters ages 65+ may use an expired ID if it was unexpired on their 65<sup>th</sup> birthday.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>August 24</b> HAL MARSHALL 8 am – 5 pm	<b>August 25</b> HAL MARSHALL 8 am – 5 pm	<b>Closed</b>
<b>Closed</b>	<b>August 28</b> HAL MARSHALL 8 am – 5 pm	<b>August 29</b> HAL MARSHALL 8 am – 5 pm	<b>August 30</b> HAL MARSHALL 8 am – 5 pm	<b>August 31</b> HAL MARSHALL 8 am – 5 pm	<b>September 1</b> HAL MARSHALL 8 am – 5 pm	<b>Closed</b>
<b>Closed</b>	<b>Closed</b>	<b>September 5</b> <b>ALL 10 Sites</b> 8 am – 7:30 pm	<b>September 6</b> <b>ALL 10 Sites</b> 8 am – 7:30 pm	<b>September 7</b> <b>ALL 10 Sites</b> 8 am – 7:30 pm	<b>September 8</b> <b>ALL 10 Sites</b> 8 am – 7:30 pm	<b>September 9</b> <b>FINAL DAY</b> <b>ALL 10 Sites</b> 8 am – 3 pm
<b>Closed</b>	<b>Closed</b>	<b>September 12</b> Primary Election Day 6:30 am – 7:30 pm Voting in your assigned precinct (check your voter card or visit our website meckbee.org)	Eligible individuals may register and vote during the one-stop early voting period.			

# 7 Marks of Congregational Vitality

1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
2. Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
3. An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
4. Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
5. Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
6. Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
7. Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.





## History of our Partnership

### FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund income-based scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.



First Presbyterian  
Church of Charlotte

# Sun Counseling and Wellness

AT FIRST PRESBYTERIAN CHURCH

## About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidence-based therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty areas include trauma, grief, eating disorders, anxiety, depression, self-esteem, body image, life transitions, integrative wellness, yoga, acupuncture, and more.



### VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

## Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new client form can be accessed on their website: [suncounselingandwellness.com/new-clients](https://suncounselingandwellness.com/new-clients)

You do not need a referral from a First Presbyterian minister to make an appointment.

## About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the income-based charts provided below.

If you think you qualify for a reduced rate, please fill out the form at [fpc.charlotte.org/scholarship](https://fpc.charlotte.org/scholarship) or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10 / \$15
\$15,001-\$30,000	\$25 / \$35
\$30,001-\$40,000	\$50 / \$75
\$40,001-\$50,000	\$75 / \$100
\$50,001-\$55,000	\$100 / \$150
\$55,001-\$60,000	\$125 / \$165
\$60,001+	\$150* / \$200*

For adult clients or guardians with MORE than four dependents:

YOUR INCOME	SESSION COST
Up to \$20,000	\$10 / \$15
\$20,001-\$40,000	\$25 / \$35
\$40,001-\$50,000	\$50 / \$75
\$50,001-\$60,000	\$75 / \$100
\$60,001-\$65,000	\$100 / \$135
\$65,001-\$70,000	\$125 / \$165
\$70,001+	\$150* / \$200*

\* fee for session with a provisionally licensed therapist

\* Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

\* fee for session with a fully licensed therapist

\* Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsequent 50-minute sessions

## Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.



Dr. Sheba Sumratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order to improve overall self-care management and wellness. Specialty areas: Anxiety, depression, grief and loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

### Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English/Spanish), Licensed Clinical Social Worker Associate. I am passionate about breaking the stigma surrounding mental health and helping individuals find healing in their life. My aim is to work collaboratively with you to empower and support through life's ups and downs. It is my



priority to create a safe and inclusive space for you to process and explore your feelings. Specialty areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.

More info at [firstpres-charlotte.org/counseling-center](https://firstpres-charlotte.org/counseling-center)

## **Participating in Worship – September 3, 2023**

**Liturgist:** Elder Renea Stitt

**Communion:** Elder Mable Williams

## Deacons Preparing Communion: Deacons Tamara Tate and Charles Jackson

**Offering:** Elder Sharon Kelley

## ❧ SICK AND SHUT-INS ❧

## AT HOME

**Mrs. Louise Ezell** ..... 1850 Magwood Dr. #212, Charleston SC 29414

**Mr. Daniel Freeman, III** ..... 2401 Ablewood Road , Charlotte, NC 28216

## **SKILLED NURSING FACILITIES , HOSPITALS & SENIOR LIVING**

**Mr. Samuel Reid** .....PINEVILLE REHAB & LIVING CENTER

1010 Lakeview Drive Room #61-B Pineville, NC 28134 (704)-889-2273

**Mrs. Thelma Smith** ..... C/O Jackie Mburu

2604 Adcox Pl Raleigh, NC 27610 Phone: (919)754 – 5052

**Dr. Mildred Y. Mosley** .....WALTONWOOD AT COTSWOLD

5215 Randolph Rd Apt 2018, Charlotte, NC 28211-5164

**Mrs. Margaret Freeman** ..... SUMMIT PLACE OF SOUTH PARK

2101 Runnymede Lane, Room #116, Charlotte, NC 28209

**PRAYER LIST Email: [prayer@fupcc.org](mailto:prayer@fupcc.org)**

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*Great God of wisdom, righteousness, and grace, we are overcome by the benefits you have bestowed upon us. Help us to bear within us the hope that in Christ all things are possible. With faith rekindled, we set forth on our journey in the certain knowledge that we are ever at home with you. Amen*

## SERMON NOTES

### Scripture:

[illegible]