## FIRST UNITED PRESBYTERIAN CHURCH



# Sunday, February 4, 2024

# Reverend Delton Farmer, Pastor

Email: pastorfarmer@fupcc.org ~ Mobile#: 919-740-2281

406 N. College Street ~ Charlotte, NC 28202

Phone: 704-376-8014 ~ Fax: 704-376-8329

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"Helping Others See Jesus' Grace In Me"

# Order of Worship

# 5<sup>th</sup> Sunday After Epiphany

\*Congregation Stands/rise in spirit

**PRELUDE** 

My Shepherd Will Supply My Need - arr. Charles Callahan Sarabande from the Concerto for Oboe in G-Minor - G. F. Handel Break, Thou, the Bread of Life - arr. Charles Callahan

**WELCOME & ANNOUNCEMENTS** 

**BIRTHDAYS & ANNIVERSARIES** 

**INTROIT #174 (AA)** 

"We Have Come Into This House"

We have come into this house to gather in His name to worship Him.

We have come into this house to gather in His name and worship Him.

We have come into this house to gather in His name to worship Christ the Lord. Worship Him, Christ the Lord.

So forget about yourself concentrate on Him and worship Him.

So forget about yourself concentrate on Him and worship Him.

So forget about yourself concentrate on Him and worship Christ the Lord. Worship Him, Christ the Lord.

Let us lift up holy hands magnify His name And worship Him.

Let us lift up holy hands magnify His name And worship Him.

Let us lift up holy hands magnify His name And worship Christ the Lord.

### \*CALL TO WORSHIP

**Leader:** Sing to the Lord with thanksgiving! **All:** How good it is to sing praises to our God.

**Leader:** For God is gracious, healing the brokenhearted, binding up their wounds.

**All:** God's understanding is beyond measure. Praise the Lord!

### PRAYER OF PRAISE AND ADORATION:

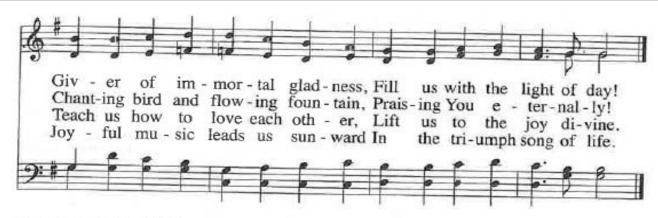
Almighty ever-living God, direct our actions according to your good pleasure, that in the name of your beloved Son we may abound in good works. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen

### \*OPENING HYMN #120 (AA)

"Joyful, Joyful, We Adore You"



FUPC License number: 11348664



Tune: Henry van Dyke, 1852-1933, alt.

Tune: HYMN TO JOY, 8 7 8 7 D; arr. from Ludwig van Beethoven, 1770-1827, by Edward Hodges, 1796-1867

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FUPC License number: 11348664

### **CALL TO CONFESSION:**

God our Creator knows us each by name and knows our hearts. Let us confess our sins before our God, who desires to save us and set us free.

### **PRAYER OF CONFESSION** (unison)

Gracious God, it's tempting to give up and give in, to hide from the injustices of the world, to protect ourselves and our own, to turn off the evening news full of bad news. Forgive our sins of escape, of ignoring, of turning our backs on those in need. Forgive our sins of apathy when you call us to action. Renew us, Holy God, by your grace. Strengthen us to follow Christ's call. Amen.

### ASSURANCE OF PARDON:

"The steadfast love of the Lord is from everlasting to everlasting." Know that you are forgiven and be at peace. Amen.

### \*GLORIA PATRI

SPECIAL SELECTION

Praise Team - "Spiritual Medley"

### 

Open our hearts Dear Lord, that we may hear your Word and follow your way. Clear our minds of daily distractions. Fill our hearts with the humility we need to hear and receive the message you intend for us today. Amen.

### SCRIPTURE READING

OLD TESTAMENT – Isaiah 40:21-31 NEW TESTAMENT – 1 Corinthians 9:16-23

**SERMON** 

"There Is No Comparison To My God" Reverend Delton H. Farmer



FUPC License number: 11348664

### ৯৯ INVITATION TO DISCIPLSHIP/PRAYERS OF THE PEOPLE/LORD'S PRAYER ৯৯

### **≈** SERVICE OF BAPTISM **≈**

### **RE-AFFIRMATION OF NEW MEMBERS**

### CALL FOR THE OFFERING

With joy and gratitude for all we have been given, let us offer our tithes and gifts to God.

**OFFERTORY SELECTION** 

Praise Team "The Blood Will Never Lose It's Power"

\*DOXOLOGY

### PRAYER OF DEDICATION

Open our hearts Dear Lord, that we may hear your Word and follow your way. Clear our minds of daily distractions. Fill our hearts with the humility we need to hear and receive the message you intend for us today. Amen.

SACRAMENT OF THE LORD'S SUPPER ...... Invitation to the Lord's Table

### **GREAT PRAYER OF THANKSGIVING**

**People:** And also, with you Leader: Lift up your hearts

People: We lift them to the Lord

Leader: Let us give thanks to the Lord our God People: It is right to give him thanks and praise

THE LORD'S PRAYER

COMMUNION OF THE PEOPLE

\*CLOSING

"Let The Church Say Amen"

Let the Church say "Amen"
Let the Church say "Amen".
God has spoken.
So, let the church say "amen"
(Repeat 2 times)

Those who wait for the Lord shall renew their strength. They shall mount up with wings like eagles. They shall run and not be weary." Friends, receive and believe in this good news! God is our refuge and our strength. May the grace, hope, peace and love of God the Creator, Redeemer and Sustainer be with us all, now and forever. Amen.

**POSTLUDE** 

Go, Tell It on the Mountain – arr. Charles Callahan

## **ANNOUNCEMENTS**

**WORSHIP with FIRST PRESBYTERIAN:** We will be worshipping with First Presbyterian Church (TBA). Be sure to tune in to their TV ministry on channel 64.



**TEN CENTS A MEAL** - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has been used since 1982. Please consider a gift to Ten Cents-a-Meal every 1<sup>st</sup> Sunday.

PW BIBLE STUDY/CT Meeting - Saturday, February 17, 2024 @ 11:00 am via Zoom

**Meeting ID:**872 5882 5653**PC:** 758558 **Call in:** +1 301 715 8592

[Lesson 6: A Person with a Physical Disability Encounters Jesus]

Women are asked to read Lesson 5: (A Person with Leprosy Encounters Jesus) independently and to start paying dues of \$45 which are due in March.

LOAVES & FISHES 5<sup>TH</sup> Fridays @ First Presbyterian, the next date will be March 29, 2024

CLEANSING WATERS SHOWER MINISTRY - 1st & 3rd Sundays from 9:00 am - 10:30 am

BT EXPRESS (Alcohol/Narcotics Program) Mondays & Wednesdays at 7:00 pm

<u>BIBLE STUDY – (Hybrid)</u> - Bible Study every Wednesday night @ 6:30pm

**Join Zoom Meeting Meeting ID:** 834 3423 2514 **Passcode:** 306013

https://us02web.zoom.us/j/83434232514?pwd=OU9aMGFkSkt6Z0R6U2ZIM2FRYm90Zz09

One tap mobile, + 1-301- 715-8592, follow the prompts: then give meeting ID - 834 3423 2514#, Enter passcode - 306013#

### !!!!! USHERS NEEDED !!!!!

Are you interested in helping to direct members and visitors, assisting with seating and providing assistance to those in need? Does providing information about the church, maintaining order during the service and helping to prepare the sanctuary before and after the services sound like fun? Then you are just who we need to serve on the Usher Ministry, please reach out to Fannie Waterman at (704) 307-7414 to get involved. Thanks!

### February Birthdays Trevarus Byers February 1st **Rodney Brown** February 2nd February 6<sup>th</sup> Valerie Tutt February 10th Eric Davis Sr. February 13th Charles M. Yongue February 13th **Brian Young** February 13th Aviona Digsby George Moreland III February 16<sup>th</sup> Erikka Digsby February 19th **Trey Rogers** February 20th **Debra Givens** February 21st Carlin Taylor February 22<sup>nd</sup>

# First United Presbyterian Church

406 N. College Street Charlotte, N.C. 28202 Rev. Delton H. Farmer., Pastor

## Officers by Class

# **2024 Leadership Team Assignments** and Nominating Committee

Ministry of Discernment and Governance (Session)	Ministry of Compassion and Service (Deacon Board)
Class of 2024	Class of 2024
Natalie K. Beard (Education) - a Olanda Carr, Jr. (Stewardship) - a Donna Fair (Worship) - a	Ellen Smith (Christian Nurture/Service) - a Charles Jackson (Christian Nurture/Service) - a Tamara Tate- (Worship) - b Valerie Tutt (Education) - a
Class of 2025	Class of 2025
Sharon Kelley (Christian Nurture/Service) - a E. Michelle Maxwell (Personnel) - a Renea Stitt (Media) - a	Stephanie Davis (TBA) – a
Class of 2026	Class of 2026
TBA	Clifford Waddell, III (Facilities Maintenance) - a

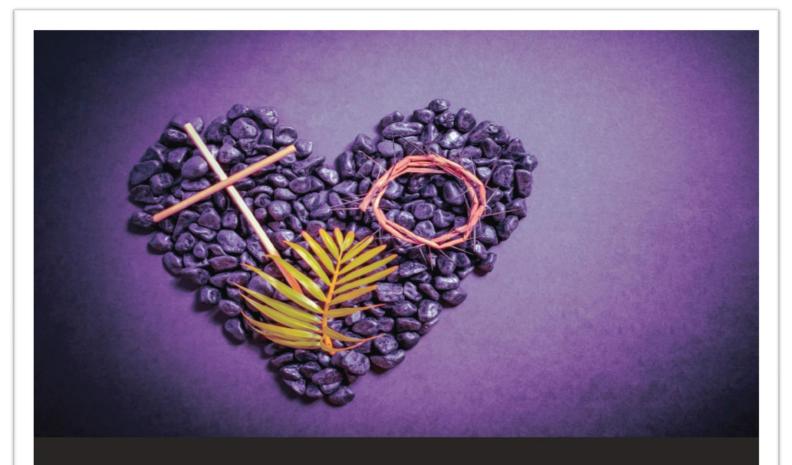
### **Nominating Committee**

 $\begin{aligned} \text{Helen Hairston} - (3^{\text{rd}} \, \text{Term}) & \text{Ronald Thomas II} - (1^{\text{st}} \, \text{Term}) \\ & \text{Tamara Williams} - (3^{\text{rd}} \, \text{Term}) \\ & \text{Session Appointment} - \text{TBA} \\ & \text{Deacon Elected} - \text{TBA} \end{aligned}$ 

### **Facilities/Ground Maintenance**

Elder Kyron Williams-Session Liaison

a – First Term b – Second Term



# Lenten Devotional 2024

We hope you'll follow along daily, be deepened in your faith through this year's ministry of our community, and prepare your heart to celebrate at Easter the new life that Jesus Christ made possible for all.

Use this devotional resource in the way that best enhances your Lenten thoughts and practices:

- » Read a printed copy.» Read and listen online. Visit www.pts.edu/devotional.
- Receive daily e-mails. Go to www.pts.edu/e-mail, click "Devotionals."



# PICK UP A COPY TODAY IN THE LIBRARY



### **SOUPER BOWL OF CARING**

## Sunday, February 11th

SOP PER WILL OF CARING

In 1990, Souper Bowl of Caring began with a simple prayer from a single youth group: "Lord, even as we enjoy the Super Bowl football game, help us be mindful of those without a bowl of soup to eat."

www.souperbowl.org

Since then, more than \$170 million has been generated for local charities across the country through Souper Bowl of Caring. It has become a powerful movement that transforms the time around the Big Game into the nation's largest celebration of giving and caring for those in need.

Through this mission, people learn they can make a positive difference in the world as they collect food, raise money and serve at hunger-relief charities and show caring and compassion in local communities across the country. Be part of this movement that is sharing God's love with those in need.

On Sunday, February 11<sup>th</sup>, First United Youth will take up a special collection for the Souper Bowl of Caring. Every dollar donated will go to **The Bulb Ministry**, our Souper Bowl of Caring charity of choice. Please give generously!

If you are not worshiping with us in person, you can make a donation online. Go to the church website, fupcc.org and click on the **Give Now** button. Be sure to indicate Souper Bowl of Caring in the notes section. Thank you.

### What is The Bulb?

The Bulb is a donation-based and nonprofit mobile farmers market. We provide fresh produce that is grown by local farmers, as well as produce rescued from area grocery stores, to food insecure communities in and around Charlotte. Our "take what you need, give what you can" motto means to create a barrier-free environment that promotes accessibility for all people.



### What is The Bulb's mission?

At The Bulb, our mission is to provide mostly local produce, as well as education on health and wellness, to food insecure communities. Together with local farms, grocery stores and community organizers, we are working to create a world where fresh and nutritious food is a right and not a privilege, while seeking social justice through affordable and attainable education, art and wellness.

Presbytery of Charlotte Churches that currently serve as The Bulb mobile market sites:

- The Grove Presbyterian Church Tuesdays
- Amity Presbyterian Church Wednesdays
- Philadelphia Presbyterian Church Thursdays

### CIVIL RIGHTS TRIP

April 18-21, 2024 |

Cost: \$450 per person; \$250 single supplement

Register: <a href="http://fpc.tiny.us/civilrightstripFUPC">http://fpc.tiny.us/civilrightstripFUPC</a> or scan QR code Leaders: Larry Bosc, professional civil rights tour guide and former educator in CMS and Rev. Lucy Crain, Associate Pastor, First Presbyterian Church

Members of First Presbyterian and First United Presbyterian Churches will embark on a transformative three-day journey to explore the history of the Civil Rights Movement in Alabama. We will visit iconic landmarks, engage in meaningful discussion, share moments of introspection, and connect

with fellow travelers as we delve into

the pivotal events that shaped



scan to register

p://fac.tinv.us/civilrightstripFUPC

This immersive experience promises not only to educate but also to inspire and renew our commitment to justice and equality for all God's people. Join us as we honor the legacy of those who fought for freedom and continue the journey towards a more just and inclusive future.

#### INCLUDED IN FEE:

our nation.

All transportation and accommodations, three breakfasts, one lunch, quides and tips

Contact gkeesler@firstpres-charlotte.org for more information.



Civil Rights march from Selma to Montgomery, Alabama in 1965

"We've learned to fly the air like birds, we've learned to swim the seas like fish, and yet we haven't learned to walk the earth as brothers and sisters."

Dr. Martin Luther King, Jr.





Registration for the Civil Rights Trip is NOW open.

4 spaces remain for First United

Contact the FUPC church office if interested 704-376-8014
Or email: secretary@fupcc.org

Cost: (\$450 Dbl occupancy) (\$700 single)

Contact: Rev. Farmer if Scholorshp assistance is needed.

## **&CAPITAL CAMPAIGN UPDATE**

Hello First United Family,

Your monthly support for the Capital Campaign means so much.

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

### ARE YOU COMMITTED TO DOING YOUR PART?

### ARE YOUR PLEDGES UP TO DATE?

Thank you so much for those of you who continue to support this church, have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of 7th and College Streets

"He who began a good work in you will carry it on to completion until the day of Christ Jesus". [Philippians 1:6]

Yours in Christ, The Capital Campaign Leadership Team

### 7 Marks of Congregational Vitality

- 1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
- **2.** Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
- **3.** An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
- **4.** Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
- **5.** Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
- **6.** Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
- **7.** Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.



#### History of our Partnership

#### FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destignatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's dinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund incomebased scholarships for dients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.





### About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidencebased therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty



areas include trauma, grief, eating disorders, arxiety, depression, self-esteem, body image, life transitions, integrative wellness, yoga, acupuncture, and more.

#### VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destignatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

### Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new client form can be accessed on their website: suncounseling and we liness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

### About the Scholarships

The cost of therapy can be a barrier to many. Sun Courseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the income-based charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.tiny.us/scholarship or speak directly with your therapist during or prior to your first session.

#### For adult alients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10/\$15
\$15,001-30,000	\$25/\$35
\$30,001-40,000	\$50 / \$75
\$40,001-50,000	\$75 / \$100
\$50,001-55,000	\$100/\$150
\$55,001-60,000	\$125/\$165
\$60,001+	\$150*/\$200*

### For adult alients or guardians with MORE than four dependents:

YOUR INCOME	SESSION COST
Up to \$20,000	\$10/\$15
\$20,001-\$40,000	\$25/\$35
\$40,001-50,000	\$50 / \$75
\$50,001-60,000	\$75 / \$100
\$60,001-65,000	\$100/\$135
\$65,001-70,000	\$125/\$165
\$70,001+	\$150*/\$200*

the for session with a provisionally licensed therapist
 Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

#### fire for session with a fully licensed therapist

\*Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsequent 50-minute sessions

### Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.



#### Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order improve overall self-care management and wellness. Specially areas: Anxiety, depression, grief and loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

### Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English/ Spanish), Licensed Clinical Social Worker Associate. I am passionate about breaking the stigma surrounding mental health and helping individuals find healing in their life. My aim is to work collaboratively with you to empower and support through life's ups and downs. It is my



priority to create a safe and inclusive space for you to process and explore your feelings. Specially areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.

### Participating in Worship – February 4, 2024

Liturgist: Elder Donna Fair Communion: Elder Mabel Williams

Deacons Preparing Communion: Deacons Clifford Waddell, III and Tamara Carr Tate

Offering: Monica Carr and Elder Sharon Kelley Ushering: Stephanie Davis and DèAndre Yongue Guest Organist: Dr. Pam Dennis

### SICK AND SHUT-INS S

<u>AT HOME</u>	
Mrs. Louise Ezell1850Mrs. Yvonne Thomas1319Mrs. Shirley Carelock731 I	Dean Street, Charlotte, NC 28216
SKILLED NURSING FACILITIES , HOSPITALS & SE	ENIOR LIVING
<b>Dr. Mildred Y. Mosley</b>	WALTONWOOD AT COTSWOLD lolph Rd Apt 2018, Charlotte, NC 28211-5164
Mrs. Margaret Freeman	SUMMIT PLACE OF SOUTH PARK nede Lane, Room #116, Charlotte, NC 28209
*************	**********
PRAYER LIST Email: Barbara Cannon & Caryle Blak Shepard Foley & Ms. Jane Reid & C	eney-Bennett 😘 Abby Flanders
*************	**********
God of the circling years, we await the day when all he the meantime, we shall continue to call on your guida your mercy and	nce, and pray that our efforts will be found worthy of
SERMON NO	TES
Scripture:	