

FIRST UNITED PRESBYTERIAN CHURCH

HAPPY FATHER'S DAY

June 16, 2024

Reverend Delton H. Farmer, Pastor

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"Helping Others See Jesus' Grace In Me"

Order of Worship

4th Sunday After Pentecost

**Congregation Stands/rise in spirit*

GATHERING MUSIC

WELCOME & ANNOUNCEMENTS

*INTROIT #566 (AA)

"Woke Up This Mornin' "

* CALL TO WORSHIP

Leader: Come to God who gathers us in.

All: We come to God who nurtures us like a father.

Leader: Come to God whose arms are open and waiting.

All: We come to God who welcomes and forgives us.

Leader: Come to God who journeys with us.

All: We come to God who sees us as we really are and loves us anyway.

Leader: Come, praise our loving nurturing God! Amen.

*OPENING HYMN #409 (AA)

"Faith Of Our Fathers"

LIFE IN CHRIST

FAITH AND HOPE

409 FAITH OF OUR FATHERS

*...contend for the faith that was once for all entrusted to the saints.
Jude 3*

1. Faith of our fa - thers! liv - ing still
2. Our fa - thers, chained in pris - ons dark,
3. Faith of our fa - thers! we will love

In spite of dun - geon, and fire and sword:
Were still in heart - and con - science free:
Both friend and foe and in all our strife:

O how our hearts beat high with joy
How sweet would be too, their as chil - dren's fate,
And preach thee, as love knows how,

When - e'er we hear that glo - rious word!
If they like them, that could die for thee!
By kind - ly words and vir - tuous life:



Text: Frederick William Faber, 1814-1863
Tune: ST. CATHERINE, 8 8 8 8 8 8; Henri Frederick Hemy, 1818-1888

FUPC License number: 11348664

***PRAYER OF PRAISE AND ADORATION** (*unison*)

God of every thought and reality, the holy, prophetic sustainer of community, we gather here today as your people, children of the good news. Assure us of your presence once again, that we may trust the mystery of life and growth, as we gather in the name of our Savior, who is Jesus, the Christ.

CALL TO CONFESSION

Leader: God gathers and prepares us for worship. Let us confess the sins that detract and distract us from God's path.

PRAYER OF CONFESSION (*unison*)

Holy God, you are a blessing to all people yet we choose sides and pit "us" against "them." Forgive our divisiveness. Forgive our exclusion. Forgive the ways we fail to seek and share your abundance. Help us build the Beloved Community you desire for us, where all your children may live in peace. Amen.

ASSURANCE OF PARDON

Leader Christ has set us free. Claim your forgiveness. Rejoice in God's grace. Respond with love. Amen.

***GLORIA PATRI**

SPECIAL SELECTION **FUPC Men's Ensemble- "Rough Side Of The Mountain "** *by FC Barnes*

PRAYER FOR ILLUMINATION **Rev. Delton H. Farmer**

Prepare our hearts and minds for the hearing of your Word, Holy God. Open us to your truth. Humble us to your way. Amen.

SCRIPTURE READINGS **Rev. Delton H. Farmer**

OLD TESTAMENT: Genesis 17:4-8

NEW TESTAMENT: Ephesians 5:15-20

SERMON **" The Time Is Now To Walk Circumspectly "** **Rev. Delton H. Farmer**

GOD IS SO GOOD 156

I believe that I shall see the goodness of the LORD in the land of the living.
Psalm 27:13

The musical score is written for a four-part choir (Soprano, Alto, Tenor 1, Tenor 2) and a piano accompaniment. The key signature has two flats (B-flat and E-flat), and the time signature is 4/4. The melody is in the soprano part. The lyrics are: 1. God is so good, God is so good, 2. He saved my soul, He saved my soul, 3. I'll praise His name, I'll praise His name. The second system of the score continues the melody with the lyrics: God is so good— O so good to me. He saved my soul— God's so good to me. I'll praise His name— God's so good to me.

Text: Traditional
Tune: SO GOOD, 4 4 4 5; Traditional

FUPC License number: 11348664

INVITATION TO DISCIPLESHIP/PRAYERS OF THE PEOPLE/LORD’S PRAYER

***AFFIRMATION OF FAITH - - (1 Tim 3:16) (2 Tim 11-13)**

We believe Great indeed, we confess, is the mystery of our religion: Christ Jesus was manifested in the flesh, vindicated in the Spirit, seen by angels, preached among the nations, believed in throughout the world, taken up in glory. The saying is sure: If we have died with Christ, we will also live with him; if we endure, we will also reign with him; if we deny him, he will also deny us; if we are faithless, he remains faithful—for he cannot deny himself.

MINUTE FOR MISSION Elder Michelle Maxwell

CALL FOR THE OFFERING

Leader: Paul reminds us that generosity is a fruit of the Spirit. Let us generously share of the gifts we have been given. Let us present our offerings to God. *You may give online @fupcc.org; mail your gifts to the church office, 406 N. College Street, 28202; or leave with the Officers as you exit.)*

OFFERING

OFFERTORY SELECTION **FUPC Men’s Ensemble - "Come on In The Room"** by FC Barnes

***DOXOLOGY**

PRAYER OF DEDICATION

Leader: Most generous God, you have blessed us with gifts to serve and share. May the offerings we present today be used to further your Kingdom and build your beloved community. Amen.

***CLOSING** **"Let The Church Say Amen"**

***CHARGE AND BENEDICTION..... Rev. Farmer**
God, bless us. Jesus, walk with us. Holy Spirit, guide us as we enter this new week. May the grace, hope, peace and love of God our Creator, Redeemer and Sustainer be with us all, now and always. Amen.

POSTLUDE

ANNOUNCEMENTS

WORSHIP with FIRST PRESBYTERIAN

We will be worshipping with First Presbyterian Church TBA. Be sure to tune in to their TV ministry on channel 64.



TEN CENTS A MEAL - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has been used since 1982. Please consider a gift to Ten Cents-a-Meal every 1st Sunday.

PW BIBLE STUDY— PW Bible study will resume Saturday, September 21, 2024 @ 11:00 am

PW WOMEN - will be collecting personal hygiene items for Sister to Sister for women (*deodorant, soap, toothpaste, toothbrush, feminine products, lotion*), The collection of toiletries will continue throughout the year (December).

LOAVES & FISHES 5TH Fridays @ First Presbyterian, the next date will be August 30, 2024

CLEANSING WATERS SHOWER MINISTRY - 1st & 3rd Sundays from 9:00 am - 10:30 am

BT EXPRESS (Alcohol/Narcotics Program) - Mondays & Wednesdays at 7:00 pm

BIBLE STUDY – (Hybrid) – We will meet for Bible Study Wednesday, June 19, 2024, at 6:30 pm to study Psalm 37. This will conclude our study of Book 1 of Psalms.

We will enjoy our summer break June 26 thru August 28, 2024

Join Zoom Meeting **Meeting ID:** 834 3423 2514 **Passcode:** 306013
<https://us02web.zoom.us/j/83434232514?pwd=OU9aMGFkSkt6Z0R6U2ZIM2FRYm90Zz09>

One tap mobile, + 1-301- 715-8592, follow the prompts:
then give meeting ID - 834 3423 2514#, Enter passcode - 306013#

FIRST UNITED'S TRIUMPHANT TEENS – Bible Study Starting today April 7, 2024

Sunday Mornings @ 9:45 am Classroom #201 Ages: 13-18 (snacks provided)

******For more information, please contact the church office******

YOUR VOICE, YOUR VOTE

Your Voice, Your Vote. All please know these are critical times. Now is the time to do your homework on those running for office. Know what their platforms are about. Be concerned not just for your future but our future. Ensure that not only you are registered to vote but those around you. Don't wait until the last minute. Get registered now.

*******THANK YOU NOTES*******

Dear Church Family,

The Vanenburg Family would like to thank you all for your support during our very difficult time. Your warm words, calls, texts, emails and / or cards were very helpful to our Family. I appreciate your efforts in sharing in the celebration of my brother, Paul S. Vanenburg Sr's life and assure you that my family are most appreciative of your support.

-Peace and Blessings, Valerie C. Vanenburg Tutt and the Vanenburg Family

EDUCATION MINISTRY

Members of the Education Ministry, with grateful praise, wish to thank all for the support, prayers, and assistance given for Youth Recognition Sunday. We all grow stronger in our faith as we enjoy our youth building their relationships with the Lord.... Education Ministry

Clearance Sale!

All FUPC T-Shirts, Sweatshirts, and Hoodies
up to \$2 Off Clearance!!!!

Hello Church Family, in effort to clear the remaining apparel inventory, the Deacon Board is excited to announce that our apparel is now on

!!!! SALE !!!!

**That means, all Hoodies are now \$20,
Crewneck sweatshirts are \$18, Adult
T-shirts are \$8, and Youth T-shirts are \$6!!**

All items will be sold on a first come, first served basis. Please get yours now while supplies last!!!
When they are gone, they are gone!!

SIZES AVAILABLE

Hoodies: M, L and 2XL

Sweatshirts: XL

Youth T-Shirts: S, M, L

Adult T-Shirts: S, M, L, 2XL and 3XL



A decorative border of various books in different colors (blue, green, yellow, red, orange) and orientations (open, closed, standing, lying flat) surrounds the central text.

First United Members

*You have been invited to participate with First Presbyterian in the next Plowshares joint book read and discussion next winter. The next book club reading tentatively begins Jan/February 2025. The hope is this will be a joint endeavor with both churches. The book is titled “**Our Trespasses: White Churches and the Taking of American Neighborhoods**” by Greg Jarrell. It is the saga of a Charlotte family, the loss of their home in Brooklyn and the property’s acquisition by First Baptist Church. For planning purposes, if there is a FUPC member or 2 who would be interested in joining with the planning group, there will be a few 30 minute meetings via Zoom before each gathering. The discussions have proven to be enriching. Outcomes include growing in faith and meaningful fellowship.*

Please include your name on the signup sheet in the church office by Wednesday, June 19th.

*Point of Contact at First Presbyterian is
Nan Clarke (704) 332-5123.*

❧BIKER SUNDAY❧

SUNDAY, JUNE 23RD

**REACH OUT AND INVITE
YOUR MOTORCYCLE
RIDING FRIENDS TO
JOIN US FOR WORSHIP
AT 11:00 A.M. WITH
A BIKE BLESSING
SERVICE
TO FOLLOW IN
THE PARKING
LOT AT
12:30 P.M.**



≈CAPITAL CAMPAIGN ≈

Hello First United Family,

Your monthly support for the Capital Campaign means so much.

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

ARE YOU COMMITTED TO DOING YOUR PART?

ARE YOUR PLEDGES UP TO DATE?

Thank you so much for those of you who continue to support this church , have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of
7th and College Streets

“He who began a good work in you will carry it on to completion until the day of Christ Jesus”. [Philippians 1:6]

Yours in Christ,
The Capital Campaign Leadership Team

7 Marks of Congregational Vitality

1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
2. Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
3. An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
4. Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
5. Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
6. Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
7. Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.



History of our Partnership

FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund income-based scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.

Opening
DOORS



First Presbyterian
Church of Charlotte

Sun Counseling and Wellness

AT FIRST PRESBYTERIAN CHURCH

About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidence-based therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty areas include trauma, grief,

eating disorders, anxiety, depression, self-esteem, body image, life transitions, integrative wellness, yoga, acupuncture, and more.



VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new client form can be accessed on their website: suncounselingandwellness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the income-based charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.tinyurl.com/scholarship or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10 / \$15
\$15,001-30,000	\$25 / \$35
\$30,001-40,000	\$50 / \$75
\$40,001-50,000	\$75 / \$100
\$50,001-55,000	\$100 / \$150
\$55,001-60,000	\$125 / \$165
\$60,001+	\$150* / \$200*

For adult clients or guardians with MORE than four dependents:

YOUR INCOME	SESSION COST
Up to \$20,000	\$10 / \$15
\$20,001-\$40,000	\$25 / \$35
\$40,001-50,000	\$50 / \$75
\$50,001-60,000	\$75 / \$100
\$60,001-65,000	\$100 / \$135
\$65,001-70,000	\$125 / \$165
\$70,001+	\$150* / \$200*

* fee for session with a provisionally licensed therapist

* Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

● fee for session with a fully licensed therapist

* Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsequent 50-minute sessions

Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.



Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order to improve overall self-care management and wellness. Specialty areas: Anxiety, depression, grief and loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English/Spanish), Licensed Clinical Social Worker Associate. I am passionate about breaking the stigma surrounding mental health and helping individuals find healing in their life. My aim is to work collaboratively with you to empower and support through life's ups and downs. It is my priority to create a safe and inclusive space for you to process and explore your feelings. Specialty areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.



More info at firstpres-charlotte.org/counseling-center

Participating in Worship – June 16, 2024

Liturgist: Elder Olanda Carr Jr.

Offering: Monica Carr and Deacon Helen Hairston

Greeting: Gaynelle Grier

Ushering: Jaron Givens and Reggie Clark

❧ SICK AND SHUT-INS ❧

AT HOME

Mrs. Louise Ezell 1850 Magwood Dr. #212, Charleston SC 29414

Mrs. Yvonne Thomas 1319 Dean Street, Charlotte, NC 28216

Dr. Sandra Govan 6508 Wickville Dr., Charlotte, NC 28215

Jonette Harper 5925 Sierra Dr. Charlotte, NC 28216

SKILLED NURSING FACILITIES , HOSPITALS & SENIOR LIVING

Dr. Mildred Y. MosleyWALTONWOOD AT COTSWOLD
5215 Randolph Rd Apt 2018, Charlotte, NC 28211-5164

Mrs. Margaret Freeman BROOKDALE SOUTH CHARLOTTE
5515 Rea Road Apartment #111B, Charlotte, NC 28226

PRAYER LIST Email: prayer@fupcc.org

Barbara Cannon ❧ Caryle Blakeney-Bennett ❧ Abby Flanders

Shepard Foley  Ms. Jane Reid  Connie Patton



We pray for all those entrapped by whatever snare restrains them. Loose them and make them free, as Christ was free, to do your will. You sent your Word, Jesus Christ, to show what humanity was intended to be; send now your Spirit to form in us that new creation. Amen.

SERMON NOTES

Scripture:

[illegible]