

FIRST UNITED PRESBYTERIAN CHURCH

June 23, 2024

Reverend Delton H. Farmer, Pastor

Email : pastorfarmer@fupcc.org • Mobile#: 919-740-2281

406 N. College Street ~ Charlotte, NC 28202

Phone: 704-376-8014 ~ Fax: 704-376-8329

Email: FirstUnitedCLT@fupcc.org ~ Website: www.fupcc.org

"Helping Others See Jesus' Grace In Me"

Order of Worship

5th Sunday After Pentecost

**Congregation Stands/rise in spirit*

GATHERING MUSIC

WELCOME & ANNOUNCEMENTS

*INTROIT #107 (AA)

"We've Come To Worship You"

COD OUR FATHER

HIS ADORATION AND PRAISE

107 WE'VE COME TO WORSHIP YOU

*Thus says the LORD: "Let my people go, so that they may worship me."
Exodus 8:1*

1. Lord, we've come to wor - ship You.
2. Lord, we've come to give You thanks.
3. Lord, we've come to give You praise.

Lord, we've come to wor - ship You, for we
Lord, we've come to give You thanks, for we
Lord, we've come to give You praise, for we

know that Your name is wor - thy, oh Lord, and we've
know that Your name is wor - thy, oh Lord, and we've
know that Your name is wor - thy, oh Lord, and we've

come to wor - ship You.
come to give You thanks.
come to give You praise.

Text: Stephen Key
Tune: Stephen Key
© 1993, StepKey Music

*** CALL TO WORSHIP**

Leader: When the storms of life arise

All: and the waves threaten to overturn the boat of our faith,

Leader: remember the power of our Savior

All: to calm, to still, to establish peace.

***OPENING SELECTION**

FUPCC Bell Choir "Alleluia" by Jerry Sinclair

***PRAYER OF PRAISE AND ADORATION** (*unison*)

Center us, O God, to worship you this day. Remove the distractions of the world, that will cloud our minds. Be our stronghold. Grant us peace. Give us joyful hearts and ready minds, that we may be open and receptive to your grace. Amen.

CALL TO CONFESSION

Leader: God gathers and prepares us for worship. Let us confess the sins that detract and distract us from God's path.

PRAYER OF CONFESSION (*unison*)

Holy God, we doubt you and are people of little faith. When the circumstances of our lives overwhelm and the tragedy of the news leaves us lamenting the state of our world, we wonder where you are or if you even exist. Does the universe really bend toward justice? Does this justice include us and those we love? Does this justice include the innocent caught in the crosshairs of war? Forgive us, God, for the evils we perpetuate, the unjust systems from which we cannot see our way clear. Claim us and guide us in working toward the Beloved Community you so desire for us, where all your children live in peace. Amen.

ASSURANCE OF PARDON

Leader: Christ has set us free. Claim your forgiveness. Rejoice in God's grace. Respond with love. Amen.

***GLORIA PATRI**

SPECIAL SELECTION

FUPC Choir "Everlasting God " by William Murphy

PRAYER FOR ILLUMINATION Rev. Delton H. Farmer

Prepare our hearts and minds for the hearing of your Word, Holy God. Open us to your truth. Humble us to your way. Amen.

SCRIPTURE READINGS Rev. Delton H. Farmer

OLD TESTAMENT: 1 Chronicles 16:18-22, 29
NEW TESTAMENT: Mark 4:35-41

SERMON " Trusting God In The Chaos" Rev. Delton H. Farmer

INVITATIONAL SELECTION FUPCC Choir "I Surrender All"

⌘ INVITATION TO DISCIPLESHIP/PRAYERS OF THE PEOPLE/LORD’S PRAYER ⌘

***AFFIRMATION OF FAITH - - (1 Tim 3:16) (2 Tim 11-13)**
We believe Great indeed, we confess, is the mystery of our religion: Christ Jesus was manifested in the flesh, vindicated in the Spirit, seen by angels, preached among the nations, believed in throughout the world, taken up in glory. The saying is sure: If we have died with Christ, we will also live with him; if we endure, we will also reign with him; if we deny him, he will also deny us; if we are faithless, he remains faithful—for he cannot deny himself.

CALL FOR THE OFFERING
Leader: In gratitude to God for all our blessings, let us bless others with a portion of all we have been given. Let us present our offerings to God and God’s ministry. (*You may give online @fupcc.org; mail your gifts to the church office, 406 N. College Street, 28202; or leave with the Officers as you exit.*)

OFFERING

OFFERTORY SELECTION FUPCC Choir - "My Life Is In Your Hands" by Kirk Franklin

***DOXOLOGY**

PRAYER OF DEDICATION
Leader: Most generous God, you have blessed us with gifts to serve and share. May the offerings we present today be used to promote the peace, justice and healing you desire for us and your world. Amen

***CLOSING SELECTION "Let The Church Say Amen"**

***CHARGE AND BENEDICTION..... Rev. Farmer**
God shows up for us in the midst of our suffering. May we show up for others as well, listening to Christ our Teacher, and following the Spirit, our Guide. May the grace, hope, peace and love of God our Creator, Redeemer and Sustainer be with us all, now and always. Amen.

POSTLUDE

ANNOUNCEMENTS

WORSHIP with FIRST PRESBYTERIAN

We will be worshipping with First Presbyterian Church TBA. Be sure to tune in to their TV ministry on channel 64.



TEN CENTS A MEAL - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has been used since 1982. Please consider a gift to Ten Cents-a-Meal every 1st Sunday.

PW BIBLE STUDY— PW Bible study will resume Saturday, September 21, 2024 @ 11:00 am

PW WOMEN - will be collecting personal hygiene items for Sister to Sister for women (*deodorant, soap, toothpaste, toothbrush, feminine products, lotion*), The collection of toiletries will continue throughout the year (December).

LOAVES & FISHES 5TH Fridays @ First Presbyterian, the next date will be August 30, 2024

CLEANSING WATERS SHOWER MINISTRY - 1st & 3rd Sundays from 9:00 am - 10:30 am

BT EXPRESS (Alcohol/Narcotics Program) - Mondays & Wednesdays at 7:00 pm

BIBLE STUDY – (Hybrid) - Bible Study every Wednesday night @ 6:30pm (**Studying the Book Psalms**)

Join Zoom Meeting

Meeting ID: 834 3423 2514

Passcode: 306013

<https://us02web.zoom.us/j/83434232514?pwd=OU9aMGFkSkt6Z0R6U2ZlM2FRYm90Zz09>

One tap mobile, + 1-301- 715-8592, follow the prompts:

then give meeting ID - 834 3423 2514#, Enter passcode - 306013#

FIRST UNITED'S TRIUMPHANT TEENS – Bible Study Starting today April 7, 2024

Sunday Mornings @ 9:45 am Classroom #201 Ages: 13-18 (snacks provided)

******For more information, please contact the church office******

YOUR VOICE, YOUR VOTE

Your Voice, Your Vote. All please know these are critical times. Now is the time to do your homework on those running for office. Know what their platforms are about. Be concerned not just for your future but our future. Ensure that not only you are registered to vote but those around you. Don't wait until the last minute. Get registered now.



Summer 2024 - Home Bible Study

First United we have studied Book 1 of Psalms over the last month. We will enjoy summer break from June 26 - August 28. During this time you are invited to continue reading and in self-study over this wonderful book of songs and poems.

To Do:

I am inviting you to **choose any 1 of the 150** writings that truly speak to your spirit. A Psalm that has lifted, healed and encouraged your heart. Consider embracing a new psalm. We all have the familiar passages, maybe God desires to introduce a new reading to you. Be open to new blessings this summer.

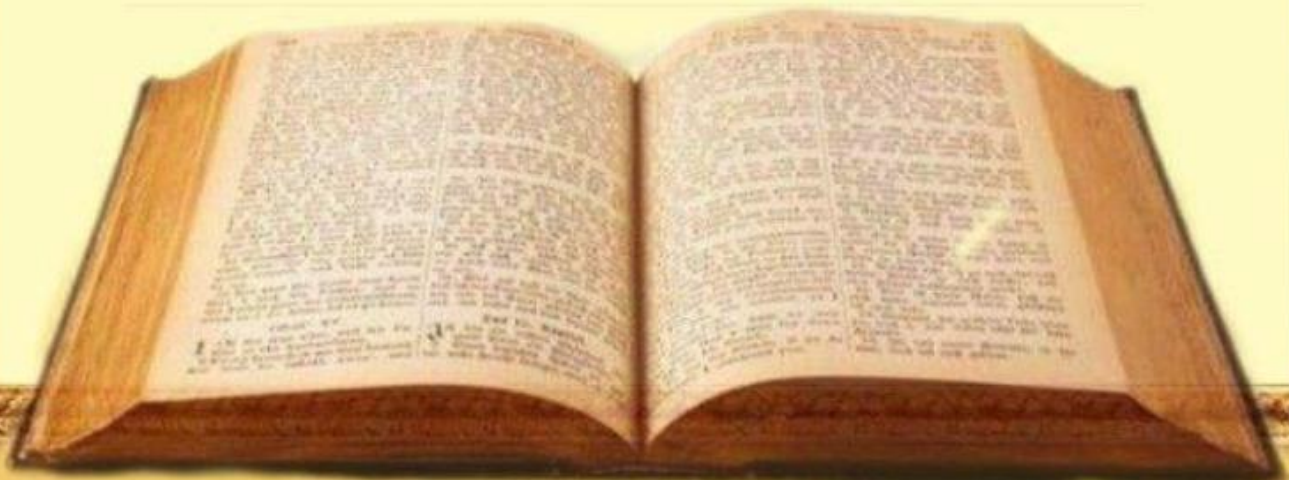
For Example:

Benjamin Franklin Chavis Jr. an African-American activist, author, journalist, and the current president and CEO of the National Newspaper Publishers Association was falsely accused and incarcerated. It was the Psalms that set him free even in the mist of captivity. Psalms reveal, lament, kingship, trust, thanksgiving, wisdom and praise.

Over the next two months write a:

- Poem
- Explanation
- Words of encouragement

This writing should highlight what your Psalm of choice has shared with your spirit. Spend time reading and meditating over the words before you begin writing. It is my hope at the end of the summer we all can come together and share our writings over fellowship and a meal.



Clearance Sale!

All FUPC T-Shirts, Sweatshirts, and Hoodies
up to \$2 Off Clearance!!!!

Hello Church Family, in effort to clear the remaining apparel inventory, the Deacon Board is excited to announce that our apparel is now on

!!!!!! SALE !!!!!

**That means, all Hoodies are now \$20,
Crewneck sweatshirts are \$18, Adult
T-shirts are \$8, and Youth T-shirts are \$6!!**

All items will be sold on a first come, first served basis. Please get yours now while supplies last!!!
When they are gone, they are gone!!

SIZES AVAILABLE

Hoodies: M, L and 2XL

Sweatshirts: XL

Youth T-Shirts: S, M, L

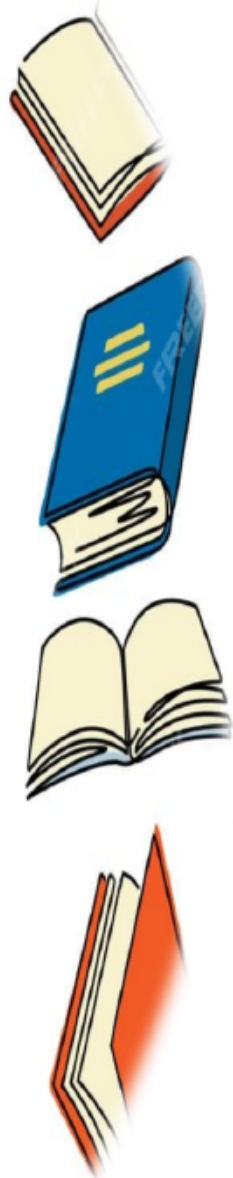
Adult T-Shirts: S, M, L, 2XL and 3XL





First United Members

*You have been invited to participate with First Presbyterian in the next Plowshares joint book read and discussion next winter. The next book club reading tentatively begins Jan/February 2025. The hope is this will be a joint endeavor with both churches. The book is titled " **Our Trespasses: White Churches and the Taking of American Neighborhoods**" by Greg Jarrell. It is the saga of a Charlotte family, the loss of their home in Brooklyn and the property's acquisition by First Baptist Church. For planning purposes, if there is a FUPC member or 2 who would be interested in joining with the planning group, there will be a few 30 minute meetings via Zoom before each gathering. The discussions have proven to be enriching. Outcomes include growing in faith and meaningful fellowship. Please include your name on the signup sheet in the church office by Wednesday, June 19th. Point of Contact at First Presbyterian is Nan Clarke (704) 332-5123.*



≈CAPITAL CAMPAIGN ≈

Hello First United Family,

Your monthly support for the Capital Campaign means so much.

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

ARE YOU COMMITTED TO DOING YOUR PART?

ARE YOUR PLEDGES UP TO DATE?

Thank you so much for those of you who continue to support this church , have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of
7th and College Streets

“He who began a good work in you will carry it on to completion until the day of Christ Jesus”. [Philippians 1:6]

Yours in Christ,
The Capital Campaign Leadership Team

7 Marks of Congregational Vitality

1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
2. Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
3. An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
4. Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
5. Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
6. Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
7. Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.



History of our Partnership

FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund income-based scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.

Opening
DOORS



First Presbyterian
Church of Charlotte

Sun Counseling and Wellness

AT FIRST PRESBYTERIAN CHURCH

About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidence-based therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty areas include trauma, grief,

eating disorders, anxiety, depression, self-esteem, body image, life transitions, integrative wellness, yoga, acupuncture, and more.



VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new client form can be accessed on their website: suncounselingandwellness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the income-based charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.tiny.cc/scholarship or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10 / \$15
\$15,001-30,000	\$25 / \$35
\$30,001-40,000	\$50 / \$75
\$40,001-50,000	\$75 / \$100
\$50,001-55,000	\$100 / \$150
\$55,001-60,000	\$125 / \$165
\$60,001+	\$150* / \$200*

For adult clients or guardians with MORE than four dependents:

YOUR INCOME	SESSION COST
Up to \$20,000	\$10 / \$15
\$20,001-\$40,000	\$25 / \$35
\$40,001-50,000	\$50 / \$75
\$50,001-60,000	\$75 / \$100
\$60,001-65,000	\$100 / \$135
\$65,001-70,000	\$125 / \$165
\$70,001+	\$150* / \$200*

* fee for session with a provisionally licensed therapist

* Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

● fee for session with a fully licensed therapist

* Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsequent 50-minute sessions

Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.



Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order to improve overall self-care management and wellness. Specialty areas: Anxiety, depression, grief and loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English/Spanish), Licensed Clinical Social Worker Associate. I am passionate about breaking the stigma surrounding mental health and helping individuals find healing in their life. My aim is to work collaboratively with you to empower and support through life's ups and downs. It is my priority to create a safe and inclusive space for you to process and explore your feelings. Specialty areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.



More info at firstpres-charlotte.org/counseling-center

Participating in Worship – June 23, 2024

Liturgist: Elder Tamara Williams

Offering: Deacons Helen Hairston and Valerie Tutt

Greeting: Helen Hairston

Ushering: Robert Rhyne

❧ SICK AND SHUT-INS ❧

AT HOME

Mrs. Louise Ezell 1850 Magwood Dr. #212, Charleston SC 29414

Dr. Sandra Govan 6508 Wickville Dr., Charlotte, NC 28215

Jonette Harper 5925 Sierra Dr. Charlotte, NC 28216

SKILLED NURSING FACILITIES , HOSPITALS & SENIOR LIVING

Dr. Mildred Y. MosleyWALTONWOOD AT COTSWOLD

5215 Randolph Rd Apt 2018, Charlotte, NC 28211-5164

Mrs. Margaret Freeman BROOKDALE SOUTH CHARLOTTE

5515 Rea Road Apartment #111B, Charlotte, NC 28226

PRAYER LIST Email: prayer@fupcc.org

Barbara Cannon ❧ Caryle Blakeney-Bennett ❧ Abby Flanders

Shepard Foley ❧ Ms. Jane Reid ❧ Connie Patton ❧ Mrs. Yvonne Thomas



We pray for all those entrapped by whatever snare restrains them. Loose them and make them free, as Christ was free, to do your will. You sent your Word, Jesus Christ, to show what humanity was intended to be; send now your Spirit to form in us that new creation. Amen.

SERMON NOTES

Scripture: