

# Order of Worship

# 9<sup>th</sup> Sunday After Pentecost

\*Congregation Stands/rise in spirit

### **GATHERING MUSIC**

### WELCOME & ANNOUNCEMENTS

\*INTROIT #183 (AA)

"We Are Standing On Holy Ground"

HIS ADDRATION AND PRAISE

JESUS CHRIST

### WE ARE STANDING ON HOLY GROUND 183

"Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground."

Exodus 3:5



Text: Geron Davis, b.1960; arr, by Nolan Williams, Jr., b.1969 © 1983, Meadowgreen Music Co./Songchannel Music Co.

### \* CALL TO WORSHIP

**Leader:** Jesus said, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

**People:** Lord, we come to worship you, seeking sabbath rest.

**Leader:** Jesus said, "Take my yoke upon you, and learn from me; for I am gentle

and humble in heart, and you will find rest for your souls."

**People**: Lord, we come to worship you, to listen for your teachings and to seek rest for our souls.

Leader: Jesus said, "For my yoke is easy, and my burden is light."

**People**: Lord, we come to worship you, that we might serve you faithfully.

**Leader:** Give thanks to God; bless God's name!

All: For the Lord is good; God's steadfast love endures forever, and God's faithfulness to all generations.

### \*OPENING HYMN #39 (GG)

"Great Is Thy Faithfulness"

CREATION AND PROVIDENCE



\*Or "Great is thy faithfulness, O God, Creator."

Written as a meditation on Lamentations 3:22–23, this text is one of the few hymns among the 1200 poems by this Methodist writer and pastor that has gained much currency. The tune that appears here was composed especially for these words, and the pairing has proved enduring.

TEXT: Thomas O. Chisholm, 1923 MUSIC: William Marion Runyan, 1923 Text and Music © 1923, ren. 1951 Hope Publishing Company

FAITHFULNESS 11.10.11.10 with refrain

### \*PRAYER OF PRAISE AND ADORATION (unison)

Reconciling God, today we seek your peace, open our hearts and minds that we may freely worship and praise your name. Put to death all hostility within us and help us be one with you, that we may all be members of your household. Remove the animosities to which we cling and be our shepherd, even as we are the sheep of your pasture, through Jesus Christ, our Savior. Amen.

### **CALL TO CONFESSION**

**Leader:** The scriptures teach that there is no distinction, since all have sinned and fall short of the glory of God. The scriptures also teach that we have a high priest who has been tested as we are, yet without sin. As the letter to the Hebrews encourages us, "Let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need." Let us pray.

### **PRAYER OF CONFESSION** (unison)

Good and gracious God, we confess that we run ourselves ragged. We are busy and preoccupied with so many things. We neglect to be still and know that you are God. Even our sabbath time can be filled with "busy-ness." Forgive us, Lord, for not accepting your gift and guidance of rest and restoration. Help us to put on the yoke of Jesus and walk in the way he models for us, mindful of our spiritual health and responding with compassion to the needs of our neighbors. Loving God, thank you for Jesus, the great shepherd of the sheep, who makes us complete in everything good so that we may do his will, working among us that which is pleasing in his sight. We pray through Jesus Christ, to whom be glory forever and ever. Amen.

### ASSURANCE OF PARDON

**Leader:** God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ by grace you have been saved through faith, and this is not your own doing; it is the gift of God. Amen

\*GLORIA PATRI

SPECIAL SELECTION

FUPCC Choir "This Is The Air I Breathe" by Nicole Binion

Rev. Delton H. Farmer
Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God. Open our ears and our hearts to your teachings, Lord, that we may be strengthened in our faith and equipped for ministry in your name. Amen.

SCRIPTURE READINGS

Rev. Delton H. Farmer

OLD TESTAMENT - Jonah 3:1-5, 10

NEW TESTAMENT - Mark 1:14-20

SERMON ...... Rev. Delton H. Farmer

DEDICATION AND STEWARDSHIP

## 707 Take Thou Our Minds, Dear Lord



This hymn began with the tune, which the composer hummed to the author with a request for a text that would challenge the hearts and minds of young people. The text of the first three stanzas was written that day, and the fourth stanza later emerged at a youth conference.

FUPC License number: 11348664

### ం INVITATION TO DISCIPLESHIP/PRAYERS OF THE PEOPLE/LORD'S PRAYER సంస

### \*AFFIRMATION OF FAITH - Apostles' Creed

I believe in God, the Father Almighty, Maker of heaven and earth; and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence He shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy Catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen

### CALL FOR THE OFFERING

**Leader:** The apostle Paul encouraged the Corinthian Christians to participate in the offering for the saints in Jerusalem who were in need, he wrote, "for the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgivings to God. Through the testing of this ministry, you glorify God by your obedience to the confession of the gospel of Christ and by the generosity of your sharing with them and with all others." Friends, give with grateful hearts, let us bring our tithes and offerings. (You may give online @fupcc.org; mail your gifts to the church office, 406 N. College Street, 28202; or leave with the Officers as you exit.) Remember, the Lord Loves a cheerful giver. Amen.

### **OFFERING**

OFFERTORY SELECTION

FUPCC Choir - "Jesus Christ Is The Way" by Rev. Walter Hawkins

\*DOXOLOGY

### PRAYER OF DEDICATION

**Leader:** God of grace and God of glory, we thank you for your generous blessings which enrich our lives. Help us to be good stewards of all you give. May we freely give with generous hearts, even as we have received what you have so freely given us, Jesus Christ, your indescribable gift. Amen.





Like many African American spirituals, this one creates a framework for almost endless expansion beyond the four stanzas given here. This sung prayer is notable as an affirmation of God's active care for the once-gathered community while dispersed and of hope to be reunited.

TEXT and MUSIC: African American spiritual

LORD, MAKE US MORE HOLY

FUPC License number: 11348664

### \*CHARGE AND BENEDICTION...... Rev. Farmer

My beloved, be steadfast, immovable, always excelling in the work of the Lord, because you know that in the Lord your labor is not in vain. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you. In Jesus Christ Holy Name ... Amen Amen

**POSTLUDE** 

### **ANNOUNCEMENTS**

### **WORSHIP with FIRST PRESBYTERIAN**

We will be worshipping with First Presbyterian Church TBA. Be sure to tune in to their TV ministry on channel 64.



**TEN CENTS A MEAL** - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has been used since 1982. Please consider a gift to Ten Cents-a-Meal every 1<sup>st</sup> Sunday.

PW BIBLE STUDY – PW Bible study will resume Saturday, September 21, 2024 @ 11:00 am

<u>PW WOMEN</u> - will be collecting personal hygiene items for Sister to Sister for women (*deodorant*, *soap toothpaste*, *toothbrush*, *feminine products*, *lotion*), The collection of toiletries will continue throughout the year (December).

LOAVES & FISHES 5<sup>TH</sup> Fridays @ First Presbyterian, the next date will be August 30, 2024

CLEANSING WATERS SHOWER MINISTRY - 1st & 3rd Sundays from 9:00 am - 10:30 am

BT EXPRESS (Alcohol/Narcotics Program) - Mondays & Wednesdays at 7:00 pm

BIBLE STUDY - (Hybrid) - Bible Study will resume September 4, 2024

**Join Zoom Meeting ID:** 834 3423 2514 **Passcode:** 306013

https://us02web.zoom.us/j/83434232514?pwd=OU9aMGFkSkt6Z0R6U2ZIM2FRYm90Zz09

One tap mobile, + 1-301- 715-8592, follow the prompts:

then give meeting ID - 834 3423 2514#, Enter passcode - 306013#

FIRST UNITED'S TRIUMPHANT TEENS - Bible Study Starting today April 7, 2024

Sunday Mornings @ 9:45 am Classroom #201 Ages: 13-18 (snacks provided)

\*\*\*\*For more information, please contact the church office\*\*\*\*

### **YOUR VOICE, YOUR VOTE**

Your Voice, Your Vote. All please know these are critical times. Now is the time to do your homework on those running for office. Know what their platforms are about. Be concerned not just for your future but our future. Ensure that not only you are registered to vote but those around you. Don't wait until the last minute. Get registered now.





HOMECOMING 2024

NOVEMBER 15 - 17, 2024

Submit Theme Ideas
to the Session as you
reflect on A Season to
Reclaim, Return, and
Remember
(Eccl 3: 1-8)

Deadline: August 15, 2024



# **Summer 2024 - Home Bible Study**

First United we have studied Book 1 of Psalms. We will enjoy summer break from June 26 – September 4. During this time you are invited to continue reading and in self-study over this wonderful book of songs and poems.

### To Do:

I am inviting you to **choose any 1 of the 150** writings that truly speak to your spirit. A Psalm that has lifted, healed and encouraged your heart. Consider embracing a new psalm. We all have the familiar passages, maybe God desires to introduce a new reading to you. Be open to new blessings this summer.

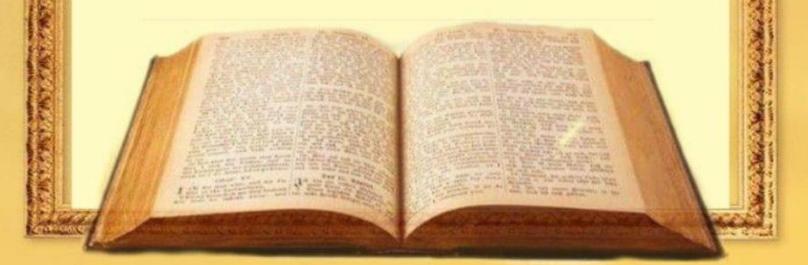
### For Example:

Benjamin Franklin Chavis Jr. an African-American activist, author, journalist, and the current president and CEO of the National Newspaper Publishers Association was falsely accused and incarnated. It was the Psalms that set him free even in the mist of captivity. Psalms reveal, lament, kingship, trust, thanksgiving, wisdom and praise.

### Over the next two months write a:

- Poem
- Explanation
- · Words of encouragement

This writing should highlight what your Psalm of choice has shared with your spirit. Spend time reading and meditating over the words before you begin writing. It is my hope at the end of the summer we all can come together and share our writings over fellowship and a meal.



# Clearance Sale.

# All FUPC T-Shirts, Sweatshirts, and Hoodies up to \$2 Off Clearance!!!!

Hello Church Family, in effort to clear the remaining apparel inventory, the Deacon Board is excited to announce that our apparel is now on

# !!!!! SALE !!!!!

That means, all Hoodies are now \$20, Crewneck sweatshirts are \$18, Adult T-shirts are \$8, and Youth T-shirts are \$6!!

All items will be sold on a first come, first served basis. Please get yours now while supplies last!!!

When they are gone, they are gone!!

## SIZES AVAILABLE

**Hoodies:** M, L and 2XL

Sweatshirts: XL

Youth T-Shirts: S, M, L

Adult T-Shirts: S, M, L, 2XL and 3XL

# **≈CAPITAL CAMPAIGN ≈**

Hello First United Family,

Your monthly support for the Capital Campaign means so much.

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

### ARE YOU COMMITTED TO DOING YOUR PART?

### ARE YOUR PLEDGES UP TO DATE?

Thank you so much for those of you who continue to support this church, have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of  $7^{\text{th}}$  and College Streets

"He who began a good work in you will carry it on to completion until the day of Christ Jesus". [Philippians 1:6]

\*

Yours in Christ, The Capital Campaign Leadership Team

## 7 Marks of Congregational Vitality

- 1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
- **2.** Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
- 3. An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
- **4.** Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
- **5.** Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
- **6.** Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
- 7. Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.



### History of our Partnership

### FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund incomebased scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.





### About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidencebased therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty



areas include trauma, grief, eating disorders, artxiety, depression, self-esteem, body image, life transition, integrative wellness, yoga, acupuncture, and more.

### VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

### Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new dient form can be accessed on their website: suncounselingandwellness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

### About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the incomebased charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.tiny.us/scholarship or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10/\$15
\$15,001-30,000	\$25/\$35
\$30,001-40,000	\$50 / \$75
\$40,001-50,000	\$75 / \$100
\$50,001-55,000	\$100/\$150
\$55,001-60,000	\$125/\$165
\$60,001+	\$150*/\$200*

### For adult clients or guardians with MORE than four dependents:

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YOUR INCOME	SESSION COST
Up to \$20,000	\$10/\$15
\$20,001-\$40,000	\$25/\$35
\$40,001-50,000	<b>\$50 / \$</b> 75
\$50,001-60,000	\$75 / \$100
\$60,001-65,000	\$100/\$135
\$65,001-70,000	\$125/\$165
\$70,001+	\$150*/\$200*

fire for session with a provisionally licensed therapist

\*Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

fire for session with a fully licensed therapist

\*Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsecuent 50-minute sessions

### Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.

### Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order improve overall self-care management and wellness. Specialty areas: Anxiety, depression, griefand loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

### Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English)
Spanish), Licensed Clinical Social
Worker Associate. I am passionate
about breaking the stigma
surrounding mental health and
helping individuals find healing
in their life. My aim is to work
collaboratively with you to
empower and support through
life's ups and downs. It is my



priority to create a safe and inclusive space for you to process and explore your feelings. Specially areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.

### Participating in Worship – July 21, 2024

Liturgist: Elder Michelle Maxwell
Offering: Monica Carr and Deacon Tamara Tate
Greeting: Elder Sharon Kelley
Ushering: Jaron Givens and Reggie Clark

## & SICK AND SHUT-INS &

Mrs. Louise Ezell	
Mrs. Selene Burris	
SKILLED NURSING FACILITIES, HOSPITALS & SENIOR LIVING	
<b>Dr. Mildred Y. Mosley</b>	
Mrs. Margaret Freeman BROOKDALE SOUTH CHARLOTTE 5515 Rea Road Apartment #111B, Charlotte, NC 28226	
Ms. Constance Sims	
**************************	
PRAYER LIST Email: prayer@fupcc.org	
Barbara Cannon <b>G</b> Caryle Blakeney-Bennett <b>G</b> Abby Flanders Shepard Foley <b>G</b> Ms. Jane Reid <b>G</b> Connie Patton <b>G</b> Mrs. Yvonne Thomas ************************************	
We pray for all those entrapped by whatever snare restrains them. Loose them and make them free, as Christ was free, to do your will. You sent your Word, Jesus Christ, to show what humanity was intended to be; send now your Spirit to form in us that new creation. Amen.	
SERMON NOTES	
Scripture:	