

FIRST UNITED PRESBYTERIAN CHURCH



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"Helping Others See Jesus' Grace In Me"

Order of Worship

13th Sunday After Pentecost

**Congregation Stands/rise in spirit*

GATHERING MUSIC

WELCOME & ANNOUNCEMENTS

*INTROIT #174 (AA)

"We Have Come Into This House"

JESUS CHRIST

HIS ADORATION AND PRAISE

174 WE HAVE COME INTO THIS HOUSE

*Worship the LORD with gladness; come into His presence with singing.
Psalm 100:2*

1. We have come in - to this house to
2. So, for - get a - bout your - self,
3. Let us - lift up ho - ly hands,

gath - er in His name and wor - ship Him. We have
con - cen - trate on Him and wor - ship Him. So, for -
mag - ni - fy His name and wor - ship Him. Let us

come in - to this house to gath - er in His name and
get a - bout your - self, con - cen - trate on Him and
lift up ho - ly hands, mag - ni - fy His name and

wor - ship Him. We have come in - to this house to
wor - ship Him. So, for - get a - bout your - self,
wor - ship Him. Let us lift up ho - ly hands,

gath - er in His name and wor - ship Christ the Lord.
con - cen - trate on Him and wor - ship Christ the Lord.
mag - ni - fy His name and wor - ship Christ the Lord.

Wor - ship Him, Christ the Lord.

Text: Bruce Ballinger, b.1945, alt., © 1976, Sound III
Tune: WORSHIP HIM, 16 16 18 6; Bruce Ballinger, b.1945, © 1976, Sound III; arr. by Stephen Key, © 2000, GIA Publications, Inc.,

FUPC License number: 11348664

* CALL TO WORSHIP

Leader: Praise the Lord! I will give thanks and praise to the Lord with my whole heart, in the company of the congregation.

People: Great are the works of the Lord studied by all who delight in them.

Full of honor and majesty is his work, and his righteousness endures forever.

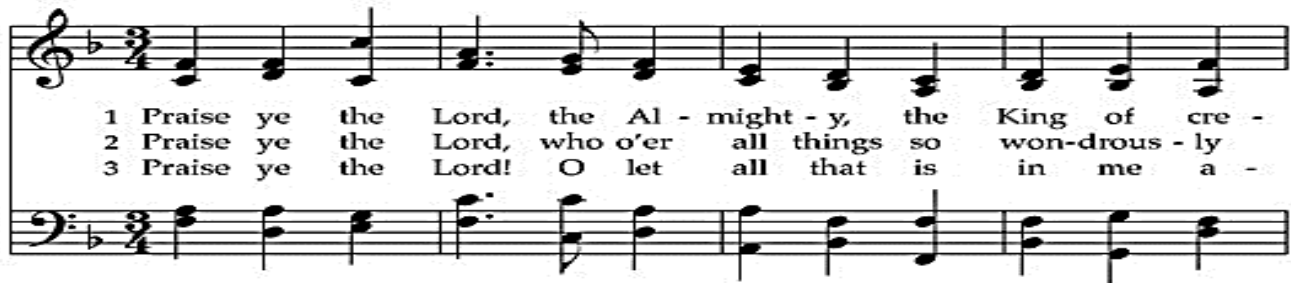
All: He has made His wonderful works to be remembered, The Lord is gracious and merciful.

*OPENING HYMN #35 (GG)

"Praise Ye The Lord, The Almighty"

CREATION AND PROVIDENCE

35 Praise Ye the Lord, the Almighty



1 Praise ye the Lord, the Al - might - y, the King of cre -
2 Praise ye the Lord, who o'er all things so won-drous - ly
3 Praise ye the Lord! O let all that is in me a -



a - tion! O my soul, praise him, for he is thy
reign - eth, shel - ters thee un - der his wings, yea, so
dore him! All that hath life and breath, come now with



health and sal - va - tion! All ye who hear, now to his
gen - tly sus - tain - eth! Hast thou not seen how thy de -
prais - es be - fore him! Let the a - men sound from his



tem - ple draw near; join me in glad ad - o - ra - tion!
sires e'er have been grant - ed in what he or - dain - eth?
peo - ple a - gain; glad - ly for aye we a - dore him.

This very strong 17th-century German hymn employs many phrases from the psalms, especially Psalms 150 and 103:1-6. It did not receive an effective English translation until the mid-19th century, but has remained popular ever since, thanks in part to its stirring tune.

TEXT: Joachim Neander, 1680; trans. Catherine Winkworth, 1863, alt.
MUSIC: Stralsund Erneueren Gesangbuch, 1665; harm. *The Chorale Book for England*, 1863

LOBE DEN HERREN
14.14.4.7.8

*** PRAYER OF PRAISE AND ADORATION** (*Unison*)

O Lord our God, though we are as little children, not fully able to discern the spiritual forces coming in and out of our lives, you have chosen us as your people. Give your servants understanding minds to discern between the good and evil surrounding us each day, that we may choose what is good and pleasing in your sight. Amen.

CALL TO CONFESSION

Leader: The proof of God's amazing love is this: that while we were yet sinners, Christ died for us. Christ rose for us. Christ reigns in power for us. Christ prays for us. With such assurance, we need not fear confession, but simply draw near to our maker in truth.

PRAYER OF CONFESSION (*unison*)

Almighty God, you have raised Jesus from death to life and sent his Spirit to be with us always. We confess that we have not trusted in the truth of that Spirit to enliven our hearts, to set us in the ways of justice, and to free us from fear. We have turned away from the gift of Christ's presence. Forgive us, and turn our hearts back to you, that we may be your faithful and loving people, walking in the footsteps of the One who came to transform the world.

ASSURANCE OF PARDON

Leader: Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. For in Jesus Christ, we are fully and forever forgiven.

***GLORIA PATRI**

SPECIAL SELECTION

FUPCC Choir "All Night" *by Alvin Darling*

PRAYER FOR ILLUMINATION **Rev. Delton H. Farmer**

O God, as we have received the gift of the Holy Spirit to enliven our lives and ministries, take the shades from our eyes, the stoppers from our ears, and the shields from our hearts so that we can hear and see and feel anew the truth and life-giving power of your Word.

SCRIPTURE READINGS **Rev. Delton H. Farmer**

OLD TESTAMENT - Psalm 90: 10-17

NEW TESTAMENT – Ephesians 5:15-20

SERMON **"Make The Most Of Your Time"** **Rev. Delton H. Farmer**

LIFE IN CHRIST

HOLINESS AND PURITY

463 LORD, I WANT TO BE A CHRISTIAN

*For where your treasure is, there your heart will be also.**Matthew 6:21*

1. Lord, I want to be a Chris-tian In my heart, in my
 2. Lord, I want to be more lov - ing In my heart, in my
 3. Lord, I want to be more ho - ly In my heart, in my
 4. Lord, I want to be like Je - sus In my heart, in my

heart; Lord, I want to be a Chris-tian In my heart,
 heart; Lord, I want to be more lov - ing In my heart,
 heart; Lord, I want to be more ho - ly In my heart,
 heart; Lord, I want to be like Je - sus In my heart,

In my heart, In my heart,
 In my heart, In my heart,

Lord, I want to be a Chris-tian In my heart.
 Lord, I want to be more lov - ing In my heart.
 Lord, I want to be more ho - ly In my heart.
 Lord, I want to be like Je - sus In my heart.

Text: Negro spiritual, adapt. by John W. Work, Jr., 1872-1925, and Frederick J. Work, 1879-1942

Tune: I WANT TO BE A CHRISTIAN, 8 6 8 3 6 8 3; Negro spiritual, adapt. by Frederick J. Work, 1879-1942

❧ INVITATION TO DISCIPLESHIP/PRAYERS OF THE PEOPLE /LORD'S PRAYER❧

***AFFIRMATION OF FAITH** - *Apostles' Creed*

I believe in God, the Father Almighty, Maker of heaven and earth; and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence He shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy Catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen

CALL FOR THE OFFERING

Leader: O taste and see that the Lord is good, and happy are those who take refuge in him. Surrounded and fed by God's goodness, let us return of the gifts that we have received in abundance. (*You may give online @fupcc.org; mail your gifts to the church office, 406 N. College Street, 28202; or leave with the Officers as you exit.*) Remember, the Lord Loves a cheerful giver. Amen.

OFFERING

OFFERTORY SELECTION

FUPCC Choir - "He Could Have Let Me Drown" *by GMCHC*

***DOXOLOGY**

PRAYER OF DEDICATION

Leader: We present these gifts, O Lord, asking that you will use them through the church to spread the abundance of your love and justice in the world, that all may taste your goodness.



THE CHURCH

307 God of Grace and God of Glory

1 God of grace and God of glo - ry, on thy peo - ple
 2 Lo! the hosts of e - vil round us scorn thy Christ, as -
 3 Cure thy chil - dren's war - ring mad - ness; bend our pride to
 4 Save us from weak res - ig - na - tion to the e - vils

pour thy power; crown thine an - cient chur - ch's sto - ry; bring its
 sail his ways! From the fears that long have bound us free our
 thy con - trol; shame our wan - ton, self - ish glad - ness, rich in
 we de - plore. Let the gift of thy sal - va - tion be our

bud to glo - rious flower. Grant us wis - dom, grant us cour - age,
 hearts to faith and praise. Grant us wis - dom, grant us cour - age,
 things and poor in soul. Grant us wis - dom, grant us cour - age,
 glo - ry ev - er - more. Grant us wis - dom, grant us cour - age,

for the fac - ing of this hour, for the fac - ing of this hour.
 for the liv - ing of these days, for the liv - ing of these days.
 lest we miss thy king - dom's goal, lest we miss thy king - dom's goal.
 serv - ing thee whom we a - dore, serv - ing thee whom we a - dore.

This stirring hymn used at the opening of Riverside Church in New York in 1930 was penned by its widely-known and influential pastor, and it has gained a firm place in English-language hymnals around the world. The Welsh tune name honors the Rhondda Valley in Glamorganshire.

TEXT: Harry Emerson Fosdick, 1930, alt.
 MUSIC: John Hughes, 1907

CWM RHONDDA
 8.7.8.7.8.7.7

*** CHARGE AND BENEDICTION Rev. Farmer**
Here we have tasted the goodness of the living bread, and been filled with the power of God’s Word. Now go into the world to share the abundance of new life in Christ. And may the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and may God, Father, Son, and Holy Spirit, remain with you always. Amen

POSTLUDE



About the Matthew 25 mark

The circular shape represents unity and equality. Like God, a circle has no beginning and no end, and it symbolizes our continuing effort to help one another. The shape also suggests a globe that points to our engagement with the world.

The three interlocking figures represent the equality of all people without gender or race bias. They have their arms around each other, symbolizing friendship, protection and service. The number three suggests the three focus areas of congregational vitality, structural racism and systematic poverty, as well as the Trinity.

The color palette is bright, lively, friendly and energetic — suggestive of our active commitment. Finally, the legend “Matthew 25” below the symbol is the literal identification of the mark. We use a handwritten font to make the point that active engagement in the world requires human effort.

ANNOUNCEMENTS

WORSHIP with FIRST PRESBYTERIAN

We will be worshipping with First Presbyterian Church TBA. Be sure to tune in to their TV ministry on channel 64.



TEN CENTS A MEAL - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has been used since 1982. Please consider a gift to Ten Cents-a-Meal every 1st Sunday.

PW BIBLE STUDY– PW Bible study will resume Saturday, September 21, 2024 @ 11:00 am

PW WOMEN - will be collecting personal hygiene items for Sister to Sister for women (*deodorant, soap, toothpaste, toothbrush, feminine products, lotion*), The collection of toiletries will continue throughout the year (December).

NOURISH UP 5TH Fridays @ First Presbyterian, the next date will be August 30, 2024

CLEANSING WATERS SHOWER MINISTRY - 1st & 3rd Sundays from 9:00 am - 10:30 am

BT EXPRESS (Alcohol/Narcotics Program) - Mondays & Wednesdays at 7:00 pm

BIBLE STUDY – (Hybrid) - Bible Study will resume September 4, 2024

SUMMER 2024 (HOME BIBLE STUDY) – The writing should highlight what your Psalm of choice has shared with your spirit. It is the hope of Rev. Farmer at the end of the summer, we all can come together and share our writings over fellowship and a meal.

Over the next month write a:

- Poem
- Explanation
- Words of encouragement

FIRST UNITED'S TRIUMPHANT TEENS – Bible Study Starting today April 7, 2024

Sunday Mornings @ 9:45 am Classroom #201 Ages: 13-18 (snacks provided)

******For more information, please contact the church office******

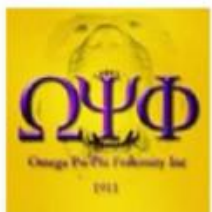
HABITAT Fall 2024 Kick-off dedication – Saturday, September 7, 2024 @ 11:30 am

First United site sponsorship day is September 7, 2024 after the dedication in the afternoon



First United continues to participate in the Habitat build project in collaboration with area churches. We give thanks for being a part of such a worthy cause in providing a home for families in need. Our church is responsible for the lunch and kickoff event on Saturday, Sept. 7th. Rev. Farmer will share a brief meditation and Rev. Lucy Crain will offer a prayer blessing over the studs signed by the members of the different churches. Please join us along with the family who will move into the home when completed at 11:30am on September 7, a day of thanksgiving, fellowship and community.

∞ From:1999 thru 2023 FUPC has assisted with 24 homes ∞



COLLEGE AND GREEK

Sunday

September 15, 2024

**REP Your School,
Fraternity, or Sorority by
wearing
paraphernalia!!!**



Movie Event



First United
Presb. Church

Statesville Ave.
Presb. Church



SATURDAY

Regal Starlight

11240 US Hwy 29
Charlotte, NC

August 24, 2024

2:30 p.m.

(Seating starts at 2:00)



For More Info



SPECIAL ANNOUNCEMENT

Church family,



Our partner school, First Ward Elementary, Creative Arts Academy is preparing for the opening of the 2024 - 2025 academic year. Both principal, Dr. Selestine Young, and assistant principal, Mrs. Kimberly Roberts have reached out to us to help support the teachers and staff during the teacher preparation period on August 22nd. Our target this year is \$1,000. A gift of at least \$35.00 is appreciated. Any additional funds collected in excess of our target will be used for Christian education purposes within the congregation.

Thank you for your continued prayers and support for this partnership.

SAVE THE DATE

HOMEcoming 2024

NOVEMBER 15 - 17, 2024

**Submit Theme Ideas
to the Session as you
reflect on A Season to
Reclaim, Return, and
Remember
(Eccl 3: 1-8)**

**Deadline:
August 15, 2024**



Summer 2024 - Home Bible Study

First United we have studied Book 1 of Psalms. We will enjoy summer break from June 26 – September 4. During this time you are invited to continue reading and in self-study over this wonderful book of songs and poems.

To Do:

I am inviting you to **choose any 1 of the 150** writings that truly speak to your spirit. A Psalm that has lifted, healed and encouraged your heart. Consider embracing a new psalm. We all have the familiar passages, maybe God desires to introduce a new reading to you. Be open to new blessings this summer.

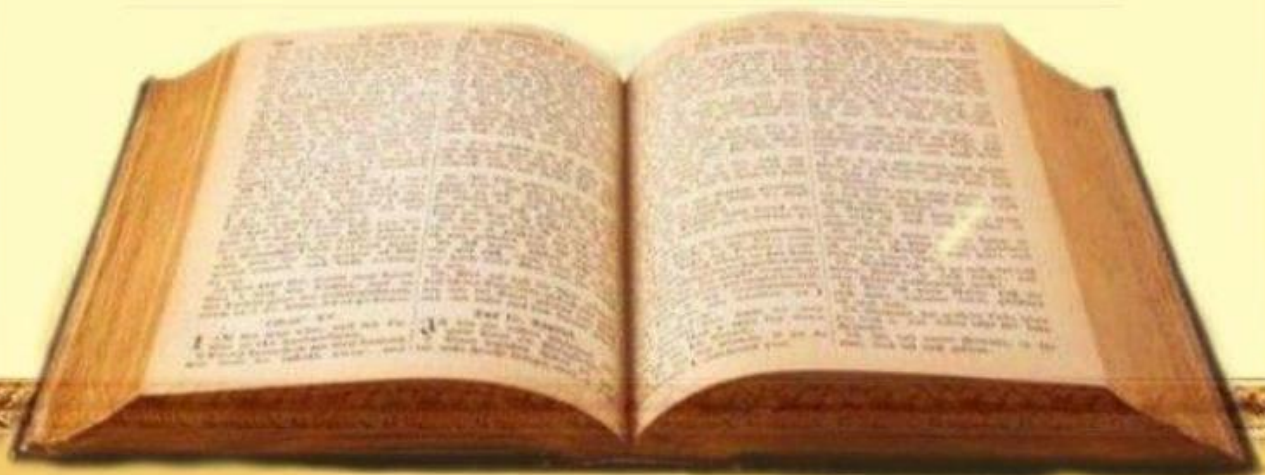
For Example:

Benjamin Franklin Chavis Jr. an African-American activist, author, journalist, and the current president and CEO of the National Newspaper Publishers Association was falsely accused and incarcerated. It was the Psalms that set him free even in the mist of captivity. Psalms reveal, lament, kingship, trust, thanksgiving, wisdom and praise.

Over the next two months write a:

- Poem
- Explanation
- Words of encouragement

This writing should highlight what your Psalm of choice has shared with your spirit. Spend time reading and meditating over the words before you begin writing. It is my hope at the end of the summer we all can come together and share our writings over fellowship and a meal.



Clearance Sale!

All FUPC T-Shirts, Sweatshirts, and Hoodies
up to \$2 Off Clearance!!!!

Hello Church Family, in effort to clear the remaining apparel inventory, the Deacon Board is excited to announce that our apparel is now on

!!!! SALE !!!!

**That means, all Hoodies are now \$20,
Crewneck sweatshirts are \$18, Adult
T-shirts are \$8, and Youth T-shirts are \$6!!**

All items will be sold on a first come, first served basis. Please get yours now while supplies last!!!
When they are gone, they are gone!!

SIZES AVAILABLE

Hoodies: M, L and 2XL

Sweatshirts: XL

Youth T-Shirts: S, M, L

Adult T-Shirts: S, M, L, 2XL and 3XL



≈CAPITAL CAMPAIGN ≈

Hello First United Family,

Your monthly support for the Capital Campaign means so much.

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

ARE YOU COMMITTED TO DOING YOUR PART?

ARE YOUR PLEDGES UP TO DATE?

Thank you so much for those of you who continue to support this church , have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of
7th and College Streets

“He who began a good work in you will carry it on to completion until the day of Christ Jesus”. [Philippians 1:6]

Yours in Christ,
The Capital Campaign Leadership Team

7 Marks of Congregational Vitality

1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
2. Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
3. An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
4. Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
5. Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
6. Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
7. Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.



History of our Partnership

FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund income-based scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.

Opening
DOORS



First Presbyterian
Church of Charlotte

Sun Counseling and Wellness

AT FIRST PRESBYTERIAN CHURCH

About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidence-based therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty

areas include trauma, grief, eating disorders, anxiety, depression, self-esteem, body image, life transitions, integrative wellness, yoga, acupuncture, and more.



VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new client form can be accessed on their website: suncounselingandwellness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the income-based charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.tinyurl.com/scholarship or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10 / \$15
\$15,001-\$30,000	\$25 / \$35
\$30,001-\$40,000	\$50 / \$75
\$40,001-\$50,000	\$75 / \$100
\$50,001-\$55,000	\$100 / \$150
\$55,001-\$60,000	\$125 / \$165
\$60,001+	\$150* / \$200*

For adult clients or guardians with MORE than four dependents:

YOUR INCOME	SESSION COST
Up to \$20,000	\$10 / \$15
\$20,001-\$40,000	\$25 / \$35
\$40,001-\$50,000	\$50 / \$75
\$50,001-\$60,000	\$75 / \$100
\$60,001-\$65,000	\$100 / \$135
\$65,001-\$70,000	\$125 / \$165
\$70,001+	\$150* / \$200*

● fee for session with a provisionally licensed therapist

* Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

● fee for session with a fully licensed therapist

* Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsequent 50-minute sessions

Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.



Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order to improve overall self-care management and wellness. *Specialty areas:* Anxiety, depression, grief and loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English/Spanish), Licensed Clinical Social Worker Associate. I am passionate about breaking the stigma surrounding mental health and helping individuals find healing in their life. My aim is to work collaboratively with you to empower and support through life's ups and downs. It is my priority to create a safe and inclusive space for you to process and explore your feelings. *Specialty areas:* complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.



Liturgist: Elder Sharon Kelley
Offering: Monica Carr and Deacon Tamara Tate
Greeting: Elder Lolane Yongue
Ushering: Jaron Givens and Reggie Clark

Scripture: