

Order of Worship

19th Sunday After Pentecost

*Congregation Stands/rise in spirit

GATHERING MUSIC

WELCOME & ANNOUNCEMENTS

*INTROIT #438 (AA)

"Come By Here, My Lord" (verses 1&4 only)

1 Come by here, my Lord, come by here.Come by here, my Lord, come by here.Come by here, my Lord, come by here.Oh Lord, come by here.

4 Kum Ba Yah, my Lord, come by here. Kum Ba Yah, my Lord, come by here. Kum Ba Yah, my Lord, come by here. Oh, Lord, come by here.

* CALL TO WORSHIP

Leader: Our help is in the name of the Lord, who made heaven and earth. **People:** In speaking, in silence, in movement, in stillness, God is with us.

Leader: God alone saves us. God alone helps us. God alone sets us on the path of peace.

All: Let us worship our Helper!

1 I'm so glad Jesus lifted me.
I'm so glad Jesus lifted me.
I'm so glad Jesus lifted me,
singin' Glory, Hallelujah, Jesus lifted me!

2 Satan had me bound; Jesus lifted me. Satan had me bound; Jesus lifted me. Satan had me bound; Jesus lifted me, singin' Glory, Hallelujah, Jesus lifted me!

3 When I was in trouble, Jesus lifted me. When I was in trouble, Jesus lifted me. When I was in trouble, Jesus lifted me, singin' Glory, Hallelujah, Jesus lifted me!

* PRAYER OF PRAISE AND ADORATION (Unison)

We gather in Your presence with hearts full of praise and adoration. Be with us today as we seek Your voice and Your guidance. Remove the obstacles that hinder our commitment and strengthen our resolve to truly be Your disciples. Fill us with Your Spirit, that we may walk in Your light and share Your love with the world. In Christ name with do pray Amen.

CALL TO CONFESSION

Leader: We long to gloss over the messy parts of our stories: the deceit, the anger and the heavy grudges. But nothing is hidden from God. We come before God and one another with complete honesty, naming our sins that we might reclaim our name as God's beloved children.



PRAYER OF CONFESSION (unison)

God, do you go silent when we perpetuate cycles of retaliation and violence? Does your silence reflect our own inaction in the face of unchecked use of weapons and loss of life? Forgive us for failing to speak out for the victims of violence. Open our hearts to hear your voice of healing and hope. Show us the faithful path of peace and give us the courage to walk it. We pray in the name of Jesus Christ, Amen.

ASSURANCE OF PARDON

Leader: Hear the good news. Our help is in the name of the Lord who made heaven and earth. We are a people set free from the harmful patterns of the past for a future God builds in our midst even now. Believe in your freedom through Jesus Christ. You have been forgiven. Live in the light of this grace, and let it guide your steps. Amen.

*GLORIA PATRI

SPECIAL SELECTION

FUPC Men - "You Are My Strength" by William Murphy

OLD TESTAMENT: Psalm 124:1-8

NEW TESTAMENT: James 5:13-20



৯৯ INVITATION TO DISCIPLESHIP/PRAYERS OF THE PEOPLE/ LORD'S PRAYER ৯৯

*AFFRIMATION OF FAITH (Philippians 2:5-11)

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form he humbled himself and became obedient to the point of death even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

CALL FOR THE OFFERING

Leader: We make our offering before God, not as payment for a grace we could never afford, but as an act of commitment and gratitude for the God who builds a new world in our midst, even now. We do not give out of guilt or pride. We give out of joy, trusting that God will use these gifts for the good of all people. (You may give online @fupcc.org; mail your gifts to the church office, 406 N. College Street, 28202; or leave with the Officers as you exit.) Remember, the Lord Loves a cheerful giver. Amen.

OFFERING

OFFERTORY SELECTION

FUPCC Men - "Jesus Be A Fence" by Fred Hammond

*DOXOLOGY

PRAYER OF DEDICATION

Leader: Accept all that is offered in this place this day, O God. Accept our material commitment to build a more peaceable family on this earth and in our own communities. Use these gifts, and your people, for the rebuilding of a world of hope and healing in your name, Amen.



*CLOSING SELECTION

"Something God" by William Murphy

Something good is about to happen Something God is about to take place

> It's gonna be Good It's gonna be God

Something good is about to happen Something God is about to take place

Tell 'em again, it's gonna be God, it's gonna be God

(Something good Is about to happen)
(Something God is about to take place)
One more time
Something good is about to happen
Something God is about to take place

We will not always get this human story right. But even in silence God never abandons us. We are a people made for delight, and joy, and justice. We are called very good. We will walk with integrity. We will speak with courage. Blessed by God, we will change this world and ourselves for the better. In the name of the Father, Son and Holy Spirit. Amen.

POSTLUDE



ANNOUNCEMENTS

WORSHIP with FIRST PRESBYTERIAN

We will be worshipping with First Presbyterian Church (TBA). Be sure to tune in to their TV ministry on channel 64.



TEN CENTS A MEAL - We Can Make a Huge Difference when ALL participate. Using the same passage Two and Five Cents-a-Meal has been used since 1982. Please consider a gift to Ten Cents-a-Meal every 1st Sunday.

<u>PW BIBLE STUDY</u> – PW Bible study Saturday, October 19, 2024 @ 11:00 am. **LET JUSTICE ROLL DOWN**/God's Call to Care for Neighbors & All Creation: **Lesson 2** – Land Justice

ZOOM: https://us02web.zoom.us/j/81930127450?pwd=DEx6hV3KoC4S27DeEsr5MdQZchbSUs.1 **Meeting ID:** 819 3012 7450 PC: 129126 • **Call in:** 1 309 205 3325 US; 1 312 626 6799 US (Chicago); 1 646 931 3860 US; 1 929 205 6099 US (New York); 1 301 715 8592 US (Washington DC)

<u>PRESBYTERIAN WOMEN - PW</u> Women will be collecting personal hygiene items for Sister to Sister for women (*deodorant, soap toothpaste, toothbrush, feminine products, lotion*), The collection of toiletries will continue throughout the year (December).

NOURISH UP 5TH Fridays @ First Presbyterian, the next date will be November 29, 2024

CLEANSING WATERS SHOWER MINISTRY - 1st & 3rd Sundays from 9:00 am - 10:30 am

BT EXPRESS (Alcohol/Narcotics Program) - Mondays & Wednesdays at 7:00 pm

BIBLE STUDY – (Hybrid) - Bible Study every Wednesday night at 6:30 pm

TOPIC: Stewardship – Matthew 25:14-30 "Parable of the Talents"

Join Zoom Meeting: https://us02web.zoom.us/j/87485605940?pwd=1W9aATJXSS4OqG90shNj5hr8jYK7cB.1

Meeting ID: 874 8560 5940 **Passcode:** 413228

Dial by location: One tap mobile: +1 646 931 3860 US; +1 929 205 6099 US (New York),

+1 301 715 8592 US (Washington DC) follow the prompts.

FIRST UNITED'S TRIUMPHANT TEENS - Bible Study

Sunday Mornings @ 9:45 am Classroom #201 Ages: 13-18 (snacks provided)

INTERCESSORY CORPORATE PRAYER -Every 4th Saturday of each month

MEMORIAL PRESBYTERIAN CHURCH – Prayer Services

September 30th @ 12:00 noon: Our prayers will focus on out world and its leadership, October 28th @ 12:00 noon: Join us to dress for battle. Putting on the armor of God. November 25th @ 12:00 noon: A Pre-Thanksgiving prayer service of praise, worship and thanks to the most High God!

SAVE THE DATE: NOVEMBER 15-17, 2024



Are you registered to vote? Are your friends and family registered to vote?

Voter registration forms are available on the table in the church library and in the Narthex.

(Look on the table adjacent to the rear wall of the sanctuary.)

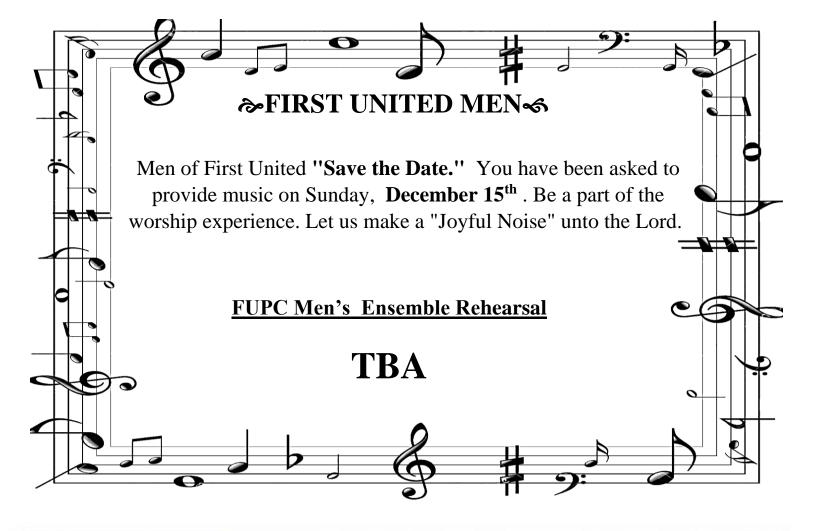
Either mail your completed form to the Board of Elections or return it in person to the Board at 741 Kenilworth Avenue in Charlotte.

EARLY VOTING

Begin: Thursday, October 17 Ends: Saturday, November 2

The general election is Tuesday, November 5. Thank you in advance for voting!





≈ SERVICE OF WHOLENESS & HEALING **≈**

On Sunday, October 6th, we will observe a service of Wholeness and Healing during our morning worship at 11:00 a.m. We are hoping that all of our sick & shut-in members who are able can join us, in person, for this spiritually fulfilling experience. If you are a shut-in member, or the care provider for one of our members that would like to attend, please call the church office and let us know if there are ambulatory concerns that we will need to accommodate. We will be providing assistance with getting members into and out of the worship space.

- Elder Donna Fair

≈CAPITAL CAMPAIGN **≈**

Hello, First United Family,

Your Capital Campaign Pledge is your financial commitment to our 3-year funding drive to raise needed capital for major repairs and possible future renovations.

The roofs on the Sanctuary and the Education Building have been completed and paid for, but to continue to give our church new life and remain a part of the up-town landscape, your support is vital and needed more than ever.

ARE YOU COMMITTED TO DOING YOUR PART? ARE YOUR PLEDGES UP TO DATE?

Thank you so much for those of you who continue to support this church, have faith and hope by paying your pledges to help move forward with the Lord's work on the corner of 7th and College Streets

"He who began a good work in you will carry it on to completion until the day of Christ Jesus". [Philippians 1:6]

Yours in Christ, The Capital Campaign Leadership Team

Clearance Sale.

All FUPC T-Shirts, Sweatshirts, and Hoodies up to \$2 Off Clearance!!!!

Hello Church Family, in effort to clear the remaining apparel inventory, the Deacon Board is excited to announce that our apparel is now on

!!!!! SALE !!!!!

That means, all Hoodies are now \$20, Crewneck sweatshirts are \$18, Adult T-shirts are \$8, and Youth T-shirts are \$6!!

All items will be sold on a first come, first served basis. Please get yours now while supplies last!!!

When they are gone, they are gone!!

SIZES AVAILABLE

Hoodies: M, L and 2XL

Sweatshirts: XL

Youth T-Shirts: S, M, L

Adult T-Shirts: S, M, L, 2XL and 3XL

7 Marks of Congregational Vitality

- 1. A commitment to forming disciples over every member's lifetime. This leads first to personal transformation, as people put on the heart of Christ, and then to social transformation, as people joyfully go forth into the community and tackle the issues facing today's culture.
- **2.** Embracing the call to evangelism. We show forth the love of Christ by our actions and our lives even more than by our words. Our relationships are genuine and caring. People know we are Christians by our love.
- **3.** An outward focus. Our church is not a place to escape from the world, but rather our gateway to our community where we may be the hands, feet, heart and mouth of Jesus Christ for people who are suffering or marginalized.
- **4.** Empowering every member to discover their individual calling and the gifts God has given them so they can go forth and serve.
- **5.** Spirit-inspired worship that challenges, teaches, transforms, convicts and energizes us so when we are sent out, we have experienced the wonder of God and are changed for the better from when we arrived.
- **6.** Caring relationships modeled on God's love. We open our doors and hearts to all people, and we build relationships modeled on God's love, which leads to genuine reconciliation and peace.
- **7.** Congregations with healthy systems. Our mission focuses are clear. There is fiscal responsibility and accountability. We have thoughtful decision-making structures. Our leaders and staff enjoy a sustainable balance of work/rest time.



History of our Partnership

FIRST PRESBYTERIAN + SUN COUNSELING AND WELLNESS

The Opening Doors campaign identified mental health as an outreach priority after Charlotte's Opportunity Task Force included access to mental healthcare as a major factor in socioeconomic mobility and flourishing. First Presbyterian Church recognized barriers to quality, accessible mental health counseling within the uptown community (cost, location) and set out to partner with excellent therapists to provide care in uptown.

COVID-19 underscored the widespread need, not only for direct services for people of all income levels, but also for more opportunities to destigmatize education about mental health and wellness.

After receiving proposals from many potential partners, Sun Counseling was identified as the church's clinical partner for this project. First Presbyterian values Sun Counseling's proven excellence in clinical practice, as well as their commitment to compassionate, engaging education about mental health concerns that are familiar to many of us.

The Opening Doors Capital Campaign will fund incomebased scholarships for clients seeing the therapists at the First Presbyterian location. FPC will also provide two offices in the Fresco Lobby during business hours.

Sun Counseling will provide educational opportunities throughout the year for the congregation and community of First Presbyterian Church.





About Sun Counseling and Wellness

Sun Counseling and Wellness is made up of a consortium of providers that have many years of experience working with individuals, couples, families, and groups. We are passionate about helping clients achieve a balanced and fulfilling life and treating the WHOLE person. We use modern and evidencebased therapeutic techniques and are individualized and creative in our work with clients. Some of our specialty



areas include trauma, grief, eating disorders, artxiety, depression, self-esteem, body image, life transition, integrative wellness, yoga, acupuncture, and more.

VALUES

Authenticity, Creativity, Compassion, Education, Service, Showing up. This spells ACCESS. By definition, access is "a means of approaching or entering a place and the ability, right, or permission to approach, enter, speak with, or use." Our hope is for every person to find permission to tend to their wellness and to have the opportunity to do so.

These are approachable, safe, inclusive, nonjudgmental counseling relationships to fit your needs. It is our privilege to work with clients and we are on a mission to destigmatize, elevate the conversation, and normalize dialogue around mental health. We want people to feel proud to say "Yep, I go to therapy!"

Scheduling an Appointment

Sun Counseling and Wellness will handle all scheduling for appointments in the First Presbyterian counseling center. The new dient form can be accessed on their website: suncounselingandwellness.com/new-clients

You do not need a referral from a First Presbyterian minister to make an appointment.

About the Scholarships

The cost of therapy can be a barrier to many. Sun Counseling therapists will work directly with individual clients to identify the appropriate rate for services rendered, using the incomebased charts provided below.

If you think you qualify for a reduced rate, please fill out the form at fpc.tiny.us/scholarship or speak directly with your therapist during or prior to your first session.

For adult clients or guardians with FEWER than four dependents:

YOUR INCOME	SESSION COST
Up to \$15,000	\$10/\$15
\$15,001-30,000	\$25/\$35
\$30,001-40,000	\$50 / \$75
\$40,001-50,000	\$75 / \$100
\$50,001-55,000	\$100/\$150
\$55,001-60,000	\$125/\$165
\$60,001+	\$150*/\$200*

For adult clients or guardians with MORE than four dependents:

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YOUR INCOME	SESSION COST
Up to \$20,000	\$10/\$15
\$20,001-\$40,000	\$25/\$35
\$40,001-50,000	\$50 / \$ 75
\$50,001-60,000	\$75 / \$100
\$60,001-65,000	\$100/\$135
\$65,001-70,000	\$125/\$165
\$70,001+	\$150*/\$200*

fire for session with a provisionally licensed therapist

*Full-rate fees: \$175 for a 60-minute intake / \$150 for subsequent 50-minute sessions

fire for session with a fully licensed therapist

*Full-rate fees: \$250 for a 60-minute intake session / \$200 for subsecuent 50-minute sessions

Meet the Therapists

Sun Counseling and Wellness provides two full-time therapists who are available for appointments on the First Presbyterian campus.

Dr. Sheba Surratt, DBH, LCMHC

I have 15 years of experience providing counseling, professional development, and consultative services. I work with children, teens and adolescents, and adults. I provide services to individuals with emotional, psychological, lifestyle changes, and various other problem-situations. I work to reduce behavioral and/or mental health

symptoms that impair quality of life in order improve overall self-care management and wellness. Specialty areas: Anxiety, depression, griefand loss, developmental concerns, adjustment and life transitions, self-esteem and self-concept, interpersonal conflict and relationship issues, substance use.

Andrea Juarez, LCSWA

I am a Latinx, Bilingual (English)
Spanish), Licensed Clinical Social
Worker Associate. I am passionate
about breaking the stigma
surrounding mental health and
helping individuals find healing
in their life. My aim is to work
collaboratively with you to
empower and support through
life's ups and downs. It is my



priority to create a safe and inclusive space for you to process and explore your feelings. Specially areas: complex trauma, intergenerational trauma, anxiety, depression, relationship dynamics, First Gen experience, LatinX experience, change/life transitions, navigating family of origin experiences.

Participating in Worship - September 29, 2024

Liturgist: Youth

Offering: Monica Carr & Elder Sharon Kelley

Greeting: Sharon Kelley Ushering: Fannie Watermann

& SICK AND SHUT-INS &

Dr. Sand Ms. Jone Mrs. Sele Ms. Cons	tise Ezell 1850 Magwood Dr. #212, Charleston SC 29414 ra Govan 6508 Wickville Dr., Charlotte, NC 28215 tte Harper 5925 Sierra Dr. Charlotte, NC 28216 ene Burris 805 Cross Trail Dr. Charlotte, NC 28204 stance Sims 2301 Ludlow Dr., Charlotte, NC 28216
	D NURSING FACILITIES, HOSPITALS & SENIOR LIVING WALTONWOOD AT COTSWOLD
Dr. Milia	red Y. MosleyWALTONWOOD AT COTSWOLD 5215 Randolph Rd Apt 2018, Charlotte, NC 28211-5164
	3213 Kandolph Kd Apt 2016, Charlotte, NC 20211-3104
Mrs. Ma	rgaret Freeman BROOKDALE SOUTH CHARLOTTE 5515 Rea Road Apartment #111B, Charlotte, NC 28226
*****	*********************
	PRAYER LIST Email: prayer@fupcc.org
	Barbara Cannon cs Caryle Blakeney-Bennett cs Abby Flanders
	Shepard Foley S Ms. Jane Reid S Connie Patton S Mrs. Yvonne Thomas
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MATTHEW 25	By your Spirit, O God, you call us to follow Jesus Christ. Fill us with your Spirit to join with others in faith and become the people you intend us to be. Open our eyes to your love, and help us share this love with the world. In Christ's name. Amen.
	SERMON NOTES
5	Scripture:
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